

Q.P.Code 102257

Reg. No.:.....

PG Ayurveda Preliminary Examinations December 2017

(Swastavritta)

(2016 scheme)

Paper II –Moulika Sidhantha

Time: 3 hrs

Max marks: 100

- Answer all questions.

Essay

(20)

1. Explain the various aspects of environmental health in preventing communicable diseases.

Short essays

(8x10=80)

2. Briefly explain the importance of Yama and Niyama as a means to attain perfect health.
3. Principles of health education.
4. Explain the scope of Rasayana in geriatrics
5. Briefly explain the modes of disease transmission with examples.
6. Classify and explain Virudha aharas. Mention their adverse effects on health.
7. Mention the importance of steam bath in health promotion. Explain the procedure and indications.
8. Describe the importance of Udwarthana and Gandusha as dinacharya measures for maintaining health.
9. Briefly explain the effects of atmospheric pressure on health.
