Reg. No.:....

## PG Ayurveda Preliminary Examinations – October 2015

(Swastavritta)

(2012 scheme)

## Paper II – Moulika Sidhantha

Time : 3 hrsMax marks : 100• Answer all questions.
Essay (20)
1. Explain the importance and relevance of rithucharya in in preventing rithujanya vyadhis
Short essays (8x10=80)
2. Briefly explain the significance of swasthavritta in the present era
3. Mention the ayurvedic and modern methods of purification of air
4. Explain the significance of vyadhikshamatwa in maintaining health
5. Describe the concept of nidra in promotion of health and prevention of diseases
6. What is the significance of mud pack in the management of diseases
7. Explain the role of panchakarma treatment in preventive medicine
8. Briefly mention different methods of pranayama

- 9. Explain the national health programmes intended for mother and child

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