

**Q.P.Code 102257**

**Reg. No.:.....**

**PG Ayurveda Preliminary Supplementary Examinations – April 2015**  
(2012 scheme)

**(Swastavritta)**

**Paper II –Moulika Sidhantha**

**Time : 3 hrs**

**Max marks : 100**

- Answer all questions.

**Essay**

**(20)**

1. Describe the various levels of prevention of diseases with suitable examples.

**Short essays**

**(8x10=80)**

2. Briefly explain the dimensions of health as per ayurveda and WHO
3. Describe the role of swasthavritta in maternal and child health care
4. Explain ayurvedic views on sleep
5. Briefly explain the procedure and benefits of hip bath
6. Classify and explain different types of disinfectants
7. Mention the importance of pranayama in maintaining health
8. Briefly explain the concept of dharaneeya vegas in maintaining the various aspects of health
9. Describe the importance of abyanga and udwarthana as dinacharya measures

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