

**Q.P.Code 102257**

**Reg. No.:.....**

**PG Ayurveda Preliminary Supplementary Examinations – February 2014  
(2012 scheme)**

**(Swasthavritha)**

**Paper II –Moulika Sidhantha**

**Time : 3 hrs**

**Max marks : 100**

- Answer all questions.

**Essay**

**(20)**

1. Define swastha and discuss the relevance of swasthavritha in ayurvedic practice

**Short essays**

**(8x10=80)**

2. Role of vega in health promotion
3. Scope of rasayana in geriatrics
4. Concept of ojus in health promotions
5. Panchaboota upasana in naturopathy
6. Role of panchakarma in preventive medicine
7. Need of health education
8. Role of yoga in life style disorders
9. Discuss biomedical waste management

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