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PG Ayurveda Preliminary Examinations - October 2012

(Swasthavritha)

Paper II - Moulika Sidhantha

Time: 3 hrs

Max marks: 100

- Answer all questions
- All questions carry equal marks
- Answer should be specific
- 1. Explain the ashtasthana pareeksha(अष्टस्थान परीक्ष).
- 2. Discuss the role of ayurveda in reproductive and child health programme.
- 3. Explaine the basic principles of naturopathy.
- 4. Explaine the qualities of ojus(ओजस).Discuss the importance of rasayana(रसायन) in ojakshayam(ओजक्षय).
- 5. Explain the dosha chaya prakopa prasamanam(दोष चय प्रकोप प्रशमन) according to each rithu(ऋत्).
- 6. Explain the importance of dina charya(दिन चर्य) according to each rithu(ऋत्).
- 7. Discuss the importance of panchakarma in swasthavritha.
- 8. Discuss the role of sleep in health.
- 9. Explain the role of yoga in mental health.
- 10.Explain EEG and ECG
