

**Q.P. Code 221257**

**Reg. No.:.....**

**Final Year PG Ayurveda Degree Supplementary Examinations  
September 2024**

**(Swasthavritta)**

**Paper I – Vaiyaktika Swasthavrittam Sadvrittam Cha**

**(2016 Scheme)**

**Time: 3 hrs**

**Max marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essay**

**(20)**

1. Explain regarding Dinacharya in cosmetology.

**Short essays**

**(8x10=80)**

2. Write about source, functions and deficiency of Vitamin A. Write a diet chart for vitamin A deficiency condition.
3. Explain rehydration methods in Greeshma Ritu.
4. Define Vyadhikshamatva and explain Balavriddhikara Bhava in detail.
5. Write a comparison between Swastha Lakhana in Samhita with that of health dimensions in modern science.
6. Explain non pharmacological approach of Vajikarana for promotion of health.
7. Explain protein energy malnutrition with appropriate diet to avoid the same in children.
8. Write importance of Achara Rasayana in prevention of psychological illness with examples.
9. Explain “असात्म्यजा हि रोगाः स्युः सहसा त्यागशीलनात् ।” (अष्टाङ्ग हृदय) in detail.

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