

Q.P. Code 221257

Reg. No.:.....

Final Year PG Ayurveda Degree Regular/Supplementary
Examinations February 2024

(Swasthavritta)

Paper I – Vaiyaktika Swasthavrittam Sadvrittam Cha
(2016 Scheme)

Time: 3 hrs

Max marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Essay

(20)

1. Critical analysis on Vegadharana with regards to present day scenario as cause for the disease occurrence.

Short essays

(8x10=80)

2. Explain assessment of nutritional status in relation to protein energy malnutrition.
3. Explain in detail. “चरः शरीरावयवः स्वभावो धातवः क्रिया । लिङ्ग प्रमाणं संस्कारो मात्रा चास्मिन् परीक्ष्यते ॥”
4. Define Nidra and write a note on health education in relation to sleep to person working in night shift.
5. Elaborate Nitya Sevaneeya Dravya in relation to balanced diet in modern science.
6. Write the utility of Ashta Ahara Vidhi Vishesha Ayatana in the context of Pandu Vyadhi Pathya and Apathya.
7. Explain the significance of Kritanna Varga in Grahani and Atisara.
8. Elaborate “पादेनापथ्यमभ्यस्तं पादपादेन वा त्यजेत् ।” with present day examples.
9. Define Ratricharya in different Ritu.
