

Q.P. Code: 214262

Reg. No.:.....

**Final Year PG Ayurveda Degree Regular/Supplementary
Examinations February 2024**

(Manovigyan Evam Manasaroga)

Paper IV – Manasarogi Anya Chikitsa Evam Yoga

(2016 Scheme)

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Explain different methods of Psychotherapy and counselling techniques.

Short essays

(8x10=80)

2. Discuss naishtika chikitsa and its role in manasaroga
3. Write a few psychiatric emergencies with probable management
4. Explain Pancha Kosha
5. Describe the principles of Ayurvedic psychotherapy and its scope in future
6. Role of Snehana and Swedana in the management of Manasaroga
7. Role of Shiro Basti in Manasaroga
8. Write about pranayama and contemporary yoga practice in manasaroga
9. Role of Shatkarma in handling different mental disorder
