

Q.P. Code: 224257

Reg. No.:.....

**Final Year PG Ayurveda Degree Supplementary Examinations
May 2023
(Swastha Vritta)**

**Paper IV – Yoga Evam Nisargopachara
(Yoga and Nature Cure)
(2016 Scheme)**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Discuss the utility of Dhouti Karma in prevention and control of Kasa Vyadhi in detail.

Short essays

(8x10=80)

2. “हठं विना राजयोगं राजयोगं विना हठः न सिध्यति” । Explain in detail with justification.
3. Explain “त्यागः सर्वोपधानां च सर्वदुःखव्यपोहकः ।” in detail.
4. Write about relation between Yoga and Ayurveda system of medicine.
5. Explain chromo therapy with its clinical significance in detail.
6. Discuss about therapeutic yoga module for prevention and control of Asthma.
7. Explain principles of nature cure diet with its utility in controlling obesity.
8. Explain Panchakosha in relation to prevention and management of disorders with example.
9. Explain mud therapy with the mode of action.
