

Q.P. Code 221257

Reg. No.:.....

**Final Year PG Ayurveda Degree Supplementary Examinations  
May 2023**

**(Swasthavritta)**

**Paper I – Vaiyaktika Swasthavrittam Sadvrittam Cha  
(2016 Scheme)**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essay**

**(20)**

1. Discuss the practical application of dinacharya in today's era and probable physiological effect of these procedures

**Short essays**

**(8x10=80)**

2. Explain the pathyapathya in Varsha ritu
3. Ushapana and its preventive and curative benefits
4. Describe Saka varga with its properties and examples. Mention its relevance in health preservation.
5. Explain aharavidhi Vidhana
6. Justify the verse- Na vegitah anya karya syat-----I
7. Explain the pathyapathya of Grahani roga and specify its role in agni samrakshanam
8. Write dietetics intervention in over nutrition as per Ayurveda and modern science
9. Give examples of food adulteration and methods of detecting

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