# Examinations November 2022

## (Panchakarma)

# Paper I – Purva Karma - Snehana and Svedana (2016 Scheme)

#### Time: 3 hrs

- Answer all questions to the point neatly and legibly Do not leave any blank pages between answers
  Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together Leave sufficient space between answers

#### Essay

1. Describe in detail method of Shodhanartha Snehapana, use of specific Sneha, Anupana, Jiryamana, Jirna, Ajirna, Samyaka, Atiyoga, Ayoga Lakshana, possible complications of Snehapana and their management.

### Short essays

- 2. Write the importance of Koshtha and Agni in relation to Snehapana and their method of assessment
- 3. Describe the general indications and contraindications of Snehapana along with the persons and diseases suitable for Ghrita and Taila Pana
- 4. Describe the importance methods and drugs of Rukshana, Pachana and Deepana before Snehapana
- 5. Describe the specific selection of Svedana in Sandhivata, Amavata, Vatarakta, Greevagraha and Gradrasi
- 6. Describe various types of Niragni Svedana their scientific basis and their specific use in different disease conditions
- 7. Describe the Murdhni taila in detail along with specific use of different drugs and methods of Murdhni taila in various clinical conditions
- 8. Describe the classical and current techniques and types of Abhyanga (Massage)
- 9. Describe Upanaha Svedana in detail with the selection of drugs according to dosha and disease.

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Max marks: 100

#### (20)

#### (8x10=80)