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## Final Year PG Ayurveda Degree Regular/Supplementary Examinations December 2021

(Manovigyan Evam Manasaroga)

## Paper IV - Manasarogi Anya Chikitsa Evam Yoga

## (2016 Scheme)

Time: 3 hrs Max marks: 100

- Answer all questions to the point neatly and legibly Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together Leave sufficient space between answers

Essay (20)

1. Explain about application of Basti in Manasa Roga

Short essays (8x10=80)

2. Discuss the scope of virechana in manasaroga. Quota a few useful yogas

- 3. Role of Astanga yoga in prevention & Management of Manasa Roga
- 4. Application of Shat Karma in Manasa Roga
- 5. Explain Application of bio energy therapy in mental disorders
- 6. Detail the significance of moordhni taila in Manasaroga.
- 7. Clinical Application of transactional analysis
- 8. Explain various types of meditation and its application in different manasarogas
- 9. Write about Application of Yoga nidra

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