

**Q.P. Code 214262**

**Reg. No.:.....**

**Final Year PG Ayurveda Degree Regular Examinations November  
(December), 2020**

**(Manovigyan Evam Manasaroga)**

**Paper IV – Manasarogi Anya Chikitsa Evam Yoga**

**(2016 Scheme)**

**Time: 3 hrs**

**Max marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essay**

**(20)**

1. Explain in detail about various methods of Psychotherapy and counseling techniques.

**Short essays**

**(8x10=80)**

2. Write about role of Virachana karma in treating Manasa roga.
3. Describe the significance of Raktamokshana in treating Manasa roga.
4. Describe the implication of Moordhni taila in the management of Manasaroga.
5. Explain psychiatric emergency and their management in brief.
6. Describe role of Shatkarma in treating Manasa roga.
7. Describe the applicability of Ashtanga Yoga in treating Manasa roga.
8. Role of Gyana- Bhakti-Karma Yoga in Manasa roga.
9. Explain the role of behavioral therapy in the management of psychiatric conditions.

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