

Q.P. Code 213261

Reg. No.:.....

**Final Year PG Ayurveda Degree Regular Examinations November
(December), 2020**

(Panchakarma)

Paper III – Basti Karma and Nasya Karma

(2016 Scheme)

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly* • *Do not leave any blank pages between answers* • *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together* • *Leave sufficient space between answers*

Essay

(20)

1. Write the Samikshya Bhava of basti and explain the procedure of Uttarabasti and its utility in present era.

Short essays

(8x10=80)

2. Describe ingredients and indications of Mustadi yapana basti
3. Explain role of basti in Kushtha and Prameha.
4. Explain in detail the concept of "Gut-Brain Axis" and its relevance to Basti therapy.
5. Describe ingredients and indications of Lekhana basti with its mode of action.
6. Explain Niruha basti vyapada and its management.
7. Describe the diet and Do's and Don'ts before, during and after Nasya.
8. Describe procedure of Dhoomapana and explain its importance after Nasya.
9. Explain "आजन्मात् मरणं शस्तं प्रतिमार्शस्तु बस्तिवत्" and describe pratimarsha nasya kala
