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Final Year PG Ayurveda Degree Examinations – October 2017 (Swasthavritta)

Paper I – Vaiyaktika Swasthavrittam Sadvrittam Cha

Time: 3 hrs Max marks: 100

Answer all questions

Essay (20)

 Explain Pathyapathya Aahara Vihara (do's and don't's) in sthoulya and madhumeha

Short essays (8x10=80)

- 2. Describe Nitya Sevaneeya Rasayana
- 3. Explain the concept of Agni, Rasa (taste) and Bala in sharad ritu
- 4. A 30 years male has habit of tobacco chewing. Mention the principles of withdrawal of the habit as per Swasthavritta
- Discuss Dinacharya procedures indicated for ophthalmic health along with mode of action
- 6. Explain vajeekarana for a swastha person
- 7. Describe the indications and Anupana of Dadhi (curd) with rationale
- 8. Discuss in detail about signs and symptoms of all types of Akala Nidra.
- 9. Describe concept of health education
