

Q.P.Code 201257

Reg. No.:.....

Final Year PG Ayurveda Degree Examinations – October 2014
(Swasthavritta)

Paper I – Vaiyaktika Swasthavrittam Sadvrittam Cha

Time : 3 hrs

Max marks : 100

- Answer all questions

Essay

(20)

1. Describe anagatabadhapratisheda for the preservation of health of sensory organs

Short essays

(8x10=80)

2. Explain adarshabhojana(balanced diet) as per age, sex , occupation and pregnancy.
3. Classify the ritus as per sisira shatka and pravrit shatka and explain sarad ritu charya in detail
4. Explain ratricharya in detail
5. Describe the staple diet of south Indian states.
6. Define malnutrition and describe social aspects of malnutrition
7. Explain achara rasayana and its role in preservation of health
8. Explain role of ayurveda in promotion of mental health
9. Explain principles of health education
