

Second Semester MD/MS Ayurveda Regular Examinations
November 2025
Paper I – Applied basics of Panchakarma (Procedural and Management)
(2024 Scheme)

Time: 3 hrs

Max marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Application Based Question**(20)**

1. A 34 year old male approaches you during Vasanta Rutu with the complaints of progressive weight gain, fatigue, heaviness in body, polyphagia and on examination revealed BMI 31, Blood Pressure 150/96 mm Hg, Serum Total Cholesterol 250 mg/dL, FBS 150 mg/dL and PPBS 200 mg/dL.
 - a) Diagnose the case and formulate a Panchakarma Protocol elaborating the therapeutic rationale for the chosen Aoushadha Kalpana in different stages of Panchakarma intervention.
 - b) Discuss the stage wise utility and preparation of Ahara Kalpana in the above intervention.

(10+10)**Short Answer Questions****(8x5=40)**

2. Discuss about the instrument modifications in administering Swedana Karma.
3. Discuss the relevance and application of Panchakarma Sidhanta in clinical practice with reference to Kriyakala.
4. Explain the Applied Anatomy and Applied Physiology of Skin in relation to Bahya Snehana.
5. Discuss the significance of Dashavidha Atura Pareeksha in individualising Panchakarma.
6. Discuss the interpretation of X-Ray and MRI findings of LumboSacral Region.
7. Discuss the impact of Immunosuppressant Medications on Panchakarma Procedures.
8. Define Ayush Visa. Discuss the Objectives and Benefits of Ayush Visa.
9. Discuss the scope of Total Quality Management in a Panchakarma Hospital.

Long Answer Questions**(4x10=40)**

10. Discuss the concept of Shadvidhopakrama in relation to Panchakarma.
11. Describe the Surface Anatomy, Applied Anatomy and Applied Physiology of Stomach. Explain its importance in Vamana Karma.
12. Enumerate the steps of Neurological Examination and analyse the possible findings in a case of Pakshaghata.
13. Discuss and analyse the role of Regulatory Frameworks for Panchakarma Establishments.
