

Second Semester MD/MS Ayurveda Regular Examinations
November 2025
Paper I – Applied basics of Kayachikitsa (Internal Medicine)
(2024 Scheme)

Time: 3 hrs

Max marks: 100

- Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space
- Answer all parts of a single question together • Leave sufficient space between answers

Application Based Question**(20)**

1. A 50 year old male patient attended in the OPD with known history of Diabetes Mellitus (20 years), Hypertension (10 years) and chronic kidney disease (CKD stage -5, 5 years.). Patient presents with chief complaints of loss of appetite, nausea, swelling of legs (1 week), shortness of breath during exertion and decreased urine output. On physical examination: BP-160/100mm of Hg, Pulse 85/mt, Respiratory rate-22/mt, pedal oedema: ++ and Pallor: +. Investigations reveals S.Creatinine: 10.2mg/dl, Blood urea: 190 mg/dl, eGFR: 6.5ml/mt, potassium: 6.9 mEq/L, Sodium: 139mEq/L, Hb: 8.6 g/dL. Urine output: 400 ml/day. Based on this case scenario answer the following questions
- What are the indication for Dialysis
 - Give a brief description about type of dialysis
 - Based on patient factors and medical advantages, Discuss the type of dialysis suitable/ preferable with reasons.
 - What are the possible complications of Dialysis in this patient (5+5+5+5)

Short Answer Questions**(8x5=40)**

- Discuss the possible mechanism and mode of action of Nasya and Vasti. (2+3)
- Define BLS and describe CPR. (2+3)
- Write a short note about qualities of ideal prescription in the context of herbal formulations.
- What is PFT and it's use. (2+3)
- Describe Vyadhikshamatva.
- What is Nadi Yantra and it's uses. (2+3)
- What is avarana and describe its principles of treatment. (2+3)
- Write about anatomical boundaries of abdominal cavity (udaraguha) with special emphasis on clinical diagnosis of udara rogas.

Long Answer Questions**(4x10=40)**

- Discuss the importance of history taking in psycho-somatic diseases.
- Write about the unified consolidated oushadhi sevan kala, matra and anupana of therapeutic formulations used in respiratory disorder (pranavaha srothodushti) (3+3+4)
- Describe the symptoms of Annavaha srotho dushti and it's treatment. (3+7)
- What is Yukti vyapasraya and Satwajaya chikitsa. Describe its importance in the clinical scenario with examples. (4+6)