

**Final Year PG Diploma in Ayurveda Regular/Supplementary
Examinations November 2025
Panchakarma (Diploma in Panchakarma)**

**Paper II – Applied aspects of Basti, Nasya Karma, Raktamokshana and
Physiotherapy**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Explain the procedure, preparation, administration of Niruha basti with its Samyak and Atiyoga lakshanas.

Short essays

(8x10=80)

2. Describe procedure and significance of Matra basti.
3. Leech therapy in clinical practice.
4. Method of preparation of vaitarana vasti and its uniqueness.
5. Samyak yoga/ atiyoga/ ayoga lakshanas of nasya karma.
6. Describe diathermy and ultra sound therapy.
7. Physiology and pharmacodynamics of nasya karma.
8. Types and post procedural guidelines of nasya karma.
9. Sneha basti vyapaths and its management.
