

**Final Year PG Diploma in Ayurveda Regular/Supplementary
Examinations November 2025**

**Swasthavritta and Yoga - Diploma in Public Health (Ay.)
Paper I – Applied aspects of Vaiyaktika and Samajika Swasthavritta in Swasthya
Rakshan
(2019 Scheme)**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Define health according to Ayurveda and modern aspects and its dimension.

Short essays

(8x10=80)

2. Demography explain in details.
3. Primary health centers.
4. Concept of manasika swasthya in Ayurvedic aspects.
5. Define ruthusandi and explain about yama damstra kala.
6. Concept of rasayana in old age.
7. Define dinacharya and its practical knowledge in preventive aspects.
8. RCH (Reproductive Child Health) Programme.
9. Explain in detail food poisoning and its complications.
