

Q.P. Code 202271

Reg. No.:.....

**Final Year PG Diploma in Ayurveda Regular Examinations
March 2023**

Panchakarma (Diploma in Panchakarma)

**Paper II – Applied aspects of Basti, Nasya Karma, Raktamokshana and
Physiotherapy**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Explain the procedure of Nasya Karma

Short essays

(8x10=80)

2. Describe any five commonly encountered Niruha Basti Vyapath with their management.
3. Explain the indications, benefits and preparation of Vaitharana Basti.
4. Explain the procedure of Uttara Basti in male.
5. Indications, contraindications and benefits of Jalaukavacharana.
6. Explain Benefits, procedure of Wax therapy.
7. Explain the types of Nasya according to matra.
8. Parihara Kala and Parihara Vishaya during Basti Karma.
9. Discuss the utility of Basti Karma in the management of Vata Rakta.
