

Q.P. Code 202269

Reg. No.:.....

**Final Year PG Diploma in Ayurveda Regular/Supplementary
Examinations March 2023**

Swasthavritta and Yoga - Diploma in Public Health (Ay.)

**Paper II– Aupasargika - Anoupasargika Roga Pratishedha and applied aspects
of Yoga-Nisargopachara**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Define the emerging and re-emerging infectious diseases and write about COVID-19 control and prevention according to Ayurveda and Modern aspects.

Short essays

(8x10=80)

2. Explain sexually transmitted diseases and write it preventive and control measures.
3. Describe the procedures, indications, contraindications and therapeutic benefits of Baddhakonasana and Halasana.
4. Aims and objectives of Nisargopachara.
5. Explain practice of meditation and its importance in maintenance of health.
6. Explain the indications and contraindications of steam bath and sunbath.
7. Diet therapy in diabetes.
8. Describe the types of vaccines with examples.
9. Explain the different types of disinfection with example.
