

**Q.P. Code 201269**

**Reg. No.:.....**

**Final Year PG Diploma in Ayurveda Regular/Supplementary  
Examinations March 2023**

**Swasthavritta and Yoga - Diploma in Public Health (Ay.)**

**Paper I – Applied aspects of Vaiyaktika and Samajika Swasthavritta in  
Swasthya Rakshan**

**Time: 3 hrs**

**Max marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

**Essay**

**(20)**

1. Define family planning and write the various methods of family planning and its complications.

**Short essays**

**(8x10=80)**

2. Levels of prevention explain in details.
3. Hospital management.
4. Care of senior citizens.
5. Advantages and disadvantages of vegetarian and non-vegetarian food.
6. Malnutrition and its preventive measure.
7. Shodhana therapy in swasthapurusha.
8. Define personal hygiene and its benefits.
9. Define MTP and its complications.

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