

Q.P. Code 201269

Reg. No.:.....

**Final Year PG Diploma in Ayurveda Regular Examinations
December 2021**

Swasthavritta and Yoga - Diploma in Public Health (Ay.)

**Paper I – Applied aspects of Vaiyaktika and Samajika Swasthavritta in
Swasthya Rakshan**

Time: 3 hrs

Max marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(20)

1. Define Rithucharya and discuss the effects of Adanakala on body. Add notes on relevance of Vasanta Ritucharya in promotion of health.

Short essays

(8x10=80)

2. Discuss about preventive Panchakarma.
3. Define Malnutrition and describe briefly social aspects of malnutrition.
4. Role of Rasayana in preventive geriatrics.
5. Write about National Anti-Malaria Programme.
6. Describe hospital management including its challenges and strategies.
7. Explain about National Programs intended for pregnant women.
8. Briefly explain Vyadhikshamatwa and immunity.
9. Discuss the role of Ayurveda in mental health.
