

**First Year Bachelor of Occupational Therapy Regular/Supplementary  
Examinations October 2023**

**Introduction to Occupational Therapy and Therapeutic Activities**

**(2020 Scheme)**

**Time: 3 Hours**

**Total Marks: 100**

- *Answer all questions to the point neatly and legibly* • *Do not leave any blank pages between answers* • *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together* • *Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Essay**

**(2x20=40)**

1. Define occupational therapy. Describe the scope of occupational therapy in an acute hospital setup.
2. Enumerate principles of therapeutic exercises. Describe any three types of therapeutic exercises with examples.

**Short Essays**

**(8x5=40)**

3. Importance of occupation in people's life.
4. Attention and its types
5. Describe therapeutic relationship.
6. Describe the activity analysis of eating.
7. Hand functions
8. Music as a therapeutic medium.
9. Therapeutic use of block designing and printing.
10. Explain any one method of testing muscle strength including its grading.

**Short Notes**

**(10x2=20)**

11. Give roles of any four rehabilitation team members.
12. Goniometer
13. Define isotonic and isometric muscle contractions with examples.
14. Give cognitive components needed for shopping.
15. Types of fastenings.
16. Stereognosis
17. Gradation
18. Define muscle tone.
19. Give any four functions of All India Occupational Therapists' Association.
20. Define Instrumental Activities of daily living with examples.

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