

QP CODE: 105022

Reg. No:

**First Year Bachelor of Occupational Therapy Supplementary
Examinations April 2022**

Introduction to Occupational Therapy and Therapeutic Activities

Time: 3 Hours

Total Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Essay

(2x20=40)

1. Outline the principles of therapeutic exercises, types of muscle contraction, differentiate between progressive and regressive resistive exercises.
2. Discuss the scope of Occupational Therapy in the community.

Short Essays

(8x5=40)

3. Describe the present development of OT in India.
4. Mention scope of occupational therapy in a paediatric hospital.
5. What are the principles of goniometry.
6. List out the Psychosocial skills to be analysed for an activity.
7. Differentiate between adaptation and gradation of activity.
8. What is the philosophy of occupation.
9. What are the ethics of occupational therapy.
10. What are the methods of ADL evaluation.

Short Notes

(10x2=20)

11. Differentiate between active assisted and resistive movements.
12. Professional conduct
13. Write out two principles of therapeutic exercise.
14. Define 'Poor' voluntary control.
15. Define bilateral motor coordination.
16. Figure ground perception
17. What are active and active resistive movements
18. Suggest Adaptive techniques for Brushing Teeth.
19. Write the possible gradations for Blow Painting
20. Explain Tripod pinch
