

**QP CODE: 105022**

**Reg. No: .....**

**First Year Bachelor of Occupational Therapy Regular Examinations  
November 2021**

**Introduction to Occupational Therapy and Therapeutic Activities**

**Time: 3 Hours**

**Total Marks: 100**

- *Answer all questions to the point neatly and legibly* • *Do not leave any blank pages between answers* • *Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together* • *Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Essay**

**(2x20=40)**

1. Describe the history and development of occupational therapy internationally.
2. Describe the rehabilitation team and describe the model of Multidisciplinary, Trans-disciplinary and inter-disciplinary model of rehabilitation.

**Short Essays**

**(8x5=40)**

3. What is the difference and similarity between occupation and activity.
4. What are the attitudes of occupational therapy practice.
5. Explain stereognosis and its importance to daily functions.
6. Differentiate between voluntary control and muscle strength testing.
7. What are the components of fine prehension.
8. Analyse gardening as choice for occupation-as-means.
9. Briefly analyse the activity reading for its therapeutic values.
10. Safety precautions to be followed for when doing muscle testing.

**Short Notes**

**(10x2=20)**

11. Instrumental ADL.
12. Define muscle tone.
13. Isotonic contraction.
14. Outline two functions of AIOTA.
15. Therapeutic relationship.
16. Cortical sensation.
17. Define active assisted movement.
18. Cylindrical grasp.
19. Hypertonicity.
20. Coordination.

\*\*\*\*\*