

QP Code:112602

Reg. No.:.....

**M Phil in Psychiatric Social Work Part I Degree  
Regular/Supplementary Examinations January 2021**

**Paper II - Psychological Perspectives on Mental Health**

**(2018 Scheme)**

**Time: 3 hrs**

**Max marks:80**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

**Essays:**

**(4x16=64)**

1. Discuss social learning theory and its application in the context of psychiatric social work education.
2. Elucidate the role of early identification and management of school related issues by psychiatric social workers.
3. "Freud developed a theory of the human mind and human behaviour and a clinical technique for helping unhappy people" - Comment
4. Define counselling. Write the types, stages and process of counselling with examples.

**Short Notes:**

**(2x8=16)**

5. Play therapy
6. Dialectical behavioural therapy

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