

Q.P Code: 202318

Reg. No:

**M. Phil Clinical Psychology Part II Regular/Supplementary
Examinations December 2021**

**Paper II: Psychotherapy and Counselling
(2016 Scheme)**

Time: 3 hrs

Max. Marks: 70

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays

(4x14=56)

1. Discuss therapies and techniques in the management of deliberate self-harm.
2. Elucidate the principles and methodologies of commonly used behavior therapy techniques.
3. Describe the client and therapist characteristics that influence the therapeutic relationship.
4. Applications of Dialectical Behavior Therapy

Short Essays

(2x7=14)

5. Models of psychoeducation.
6. Indian approaches to psychotherapy.
