

QP Code: 101318

Reg. No.....

**M. Phil Clinical Psychology Part I Regular/Supplementary
Examinations September 2019**

Paper I: Psychosocial foundations of Behaviour and Psychopathology

Time: 3 hrs

Max. Marks: 70

- **Answer all the questions**

Long Essays

(4x14=56)

1. Elaborate on the concepts of self and self-regulation in understanding mental health and illness, with specific reference to models of learned helplessness and attribution theories. Substantiate your essay with studies.
2. Discuss the role of childhood adversity in mental health and psychopathology and elaborate on the role of family environment and influences on the same.
3. Describe on the scope of clinical psychology as a profession and critically evaluate the issues pertaining to ethical aspects of practice and challenges faced in the current scenario.
4. Discuss the role of social support and coping and resilience in mental health and evaluate their role as buffers in mental illness.

Short Essays:

(2x7=14)

5. Discuss the psychodynamic and cognitive behavioural explanations of depression and evaluate the similarities and differences between the two.
6. Discuss the impact of violence and social tension on mental health and the role of the clinical psychologist
