

QP Code: 213386

Reg. No.....

**Second Year MPT Degree Regular/Supplementary Examinations
March 2021**

Paper III - Musculoskeletal and Sports Physiotherapy

(2016 Scheme)

Time: 3 hrs

Max. Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essays

(2x20=40)

1. Explain the recent advances in pain assessment and its management.
2. Explain in detail about the principles of Pilates and its role in sports rehabilitation

Short Notes

(10x6=60)

3. Eccentric muscle training
4. TAPING technique for acute ankle sprain
5. Cardio vascular adaptation to exercises
6. Upper limb tension tests
7. Management of post traumatic stiffness of elbow
8. Components and the benefits of ICF coding
9. CRITERIA FOR TENDON TRANSFER
10. Throwers ten exercise program
11. COMPLICATIONS OF PELVIS FRACTURE
12. Management of scoliosis
