



# KUHS

## NEWSLETTER



Quarterly Newsletter of Kerala University of Health Sciences

● for Private Circulation only

● August 2019

● Volume 1 Issue 2

● [www.kuhs.ac.in](http://www.kuhs.ac.in)

## CONTENTS

- Message
- Convocation
- Farewell to Registrar
- NSS Activities
- Programmes of Schools and Centers
- KUHS @ glance
- Honours & Achievements
- Book Release
- Students Union Activities
- Activities of 'Sarga'
- Sports meet

**Prof (Dr.) A. Nalinakshan**

Pro Vice Chancellor

Email: [pvc@kuhs.ac.in](mailto:pvc@kuhs.ac.in)



## Message

From The Desk of the

**Pro Vice Chancellor**

Dissemination of information especially from an institution like KUHS is important in enhancing awareness of the various academic programmes & community initiatives and also improving interpersonal relationships among stakeholders. It is to be kept in mind that the different branches or sections of the university are not watertight compartments. Bringing out a newsletter serves in a significant way to bridge this gap. The first issue of the newsletter has been well received by one and all. In the present issue, we have included more contents. Pages have been exclusively allotted for activities and achievements of the affiliated institutions and their faculty members. I hope that the present issue will go a long way to meet the goals expected of the publication. I also request all staff members of KUHS and affiliated institutions to contribute articles, news items on innovative programmes and photographs actively to this publication. My best wishes for the venture.





## CONVOCATION



**11**<sup>th</sup> Convocation Ceremony of Kerala University of Health Sciences was inaugurated on 30th August 2019 by Justice P. Sathasivam, Hon'ble Governor and the Chancellor of the University, in the Thrissur Govt. Medical College Alumni Association Auditorium. Pro Chancellor of the university and Hon'ble Minister for Health, Social Justice and Woman and Child Development Smt. K. K. Shailaja Teacher was the Chief Guest. Hon'ble Chancellor Conferred the Degrees in Ayurveda, Siddha, Dental Sciences, Homoeopathy, Medicine, Nursing, Paramedical & Allied Health Sciences and Pharmaceutical Sciences. The Chancellor congratulated the students who have completed the medical education and pointed out that it is a service sector and they cannot step back from the social responsibilities. He reiterated that the nurses are the backbone of the medical profession. Vice Chancellor Prof. (Dr.) M.K.C. Nair, Pro-Vice Chancellor Prof. (Dr.) A. Nalinakshan, Registrar Prof. (Dr.) A.K. Manoj Kumar, Controller of Examinations Prof. (Dr.) C.P. Vijayan, Finance Officer Shri. K.P. Rajesh, University Deans Senate Members, Governing Council Members, Various Faculty Deans, Academic Council Members, Board of Studies Members, Board of Examination Members, Principals of various colleges, students, parents and KUHS staff were participated in the function.



# Convocation

## C O N V O C A T I O N



2500 students in Faculty of Medicine, 525 students in Dental Sciences, 279 students in Ayurveda, 124 students in Homoeopathy, 10 students in Siddha, 595 students in Nursing, 915 students in Pharmacy and 455 students in Para-medical & Allied Health Sciences and over all 5403 students were conferred the degree from various Government/Aided/Self Financing colleges affiliated to KUHS. From this, 1112 students of Post Graduate/ P.G. Diploma/Super Speciality were received their degree directly in the function.

Cash Awards were distributed to the 1<sup>st</sup> Rank holders of various streams. Jesni V Jose from Govt. Ayurveda College Thiruvananthapuram (BAMS), Anjana R Krishnan from Govt. Homoeopathy Medical College Thiruvananthapuram (BHMS), Aparna S from Santhigiri Siddha Medical College Thiruvananthapuram (BSMS), Aiswarya Venu C from



Parassinikkadavu M.V.R. Ayurveda Medical College (B. Pharm Ayurveda), Mariya Devassy from Chalakkudi St. James College of Pharmaceutical Sciences (B Pharm), in Allied Health Sciences Meena Nair from AWH Special College Calicut (B.P.T) and Kavya S Baby Memorial College of Allied Medical Sciences Calicut (BASLP) received the cash award.

**Ms. Jesni V Jose**  
1<sup>st</sup> Rank in B.A.M.S March 2018,  
Government Ayurveda College, Thiruvananthapuram

## Our **NEW** REGISTRAR



### **Dr. A.K. MANOJKUMAR**

Dr. A.K. Manojkumar took over the charge as Registrar of Kerala University of Health Sciences on 22/06/2019. He was the professor of Panchakarma department in the Kottakkal Ayurveda College and from May 2016 onwards he was working as the Dean (Student Affairs) on deputation in the Kerala University of Health Sciences.

FOR REGISTRAR  
*Farewell*  
**DR. M.K. MANGALAM**

Dr. M.K. Mangalam completed her term as the 'Registrar of Kerala University of Health Sciences, Thrissur' on 27th May 2019. She had taken over the charge of the Registrar on 06/12/2015. She is going to the Medical Education Dept, Govt. of Kerala.





# **NSS** *a*ctivities

## *Training on Public Financial Management System*

The training to selected NSS Programme Officers in Public Financial Management System was held on 30.07.2019 at Govt. Engineering College, Chenganoore. The 11 Nodal Programme Officers attended the training for clearing the PFMS issues in other NSS Units.



Prof. Ajith Sen of Govt. Engineering College, Chenganur has taken the classes and the trainees were given necessary classes in PFMS and assisted in completing the posting in the PFMS system with the help of computer facilities available with the College.

## University **NSS** Cell Advisory Committee Meeting



The NSS Cell convened a meeting of the State Level University NSS Advisory Committee on 26/08/2019 Monday at 2 pm at the Conference Hall of PWD Rest House, Thycaud, Thiruvananthapuram. The main objective of the meeting was to evaluate the activities conducted during the last year and to plan the current year's activities. The meeting held under the guidance of Prof. (Dr.) A. Nalinakshan Pro-Vice Chancellor of the University.

Sri. G.P. Sajith Babu, Regional NSS Director, Prof. (Dr.). A.K. Manojkumar, Registrar & NSS Programme Coordinator, Sri. Rajesh K. P, Finance Officer, Smt. Anitha T.C, Supdt. State NSS Cell Thiruvananthapuram, Dr. Preetha. B, Govt. Homoeopathic College Thiruvananthapuram, Dr. Jayasree, Govt. Medical College, Kannur, Sri. Arun G Krishnan, Programme Officer, Ezhuthachan College of Pharmaceutical Sciences, Thiruvananthapuram and Dr. Mohanan, Member, Governing Council (Special Invitee) are the dignitaries attended the meeting.

## PROGRAMMES OF SCHOOLS AND CENTERS



Certificate program in Family Health Care and Health Humanities by School of Family Health Studies

The Fourth session of Family Health Care and Health Humanities Organised by School of Family Health Studies on August 21 and August 22, 2019. Dr. Sumesh T P, Assistant Professor, Dept. of Psychiatry, Govt. Medical College, Thrissur, Dr. Radhakrishnan, Professor, Dept. of Anaesthesiology, Govt. Medical College, Thrissur and Dr. Anish T S, Associate professor, Dept. of Community Medicine, Govt. Medical College, Thiruvananthapuram were the Resource persons.

Symposium on Research in Ayurveda **“Need, Scope and Future in the purview of STRIDE”** at Thrissur on 25th August 2019 conducted by AMMOI in association with KUHS – SFRA Thrippunithura



The symposium was inaugurated by Dr N Srikanth, Deputy Director General, CCRAS. Dr. A Nalinakshan, Pro Vice Chancellor KUHS, Presided the programme. The Chief Guest was Dr. Bhushan Patwarta, Vice Chairman UGC. The welcome and vote of thanks were given by Dr. D. Ramanathan, President, AMMOI and Dr. P. Ramkumar respectively.



**Prof. (Dr.) Harikumaran Nair G. S.,**  
**Dean (Research)**

Kerala University of Health Science (KUHS) was established in the year 2010 with the Head Quarters at Thrissur. KUHS is responsible for the Health Science education in Kerala State. It is an affiliating University and has no direct Specialty Departments and related faculty members directly under it. So far KUHS has 309 affiliated institutions including Modern Medicine, Homoeopathy, Nursing, Dental, Pharmacy, Paramedical & Allied Sciences, Indian Systems of medicine such as Ayurveda, Siddha & Unani. We started PhD programmes in 2013. University already granted permanent registration for 6 Candidates and Provisional registration for 19 Candidates.



More than 400 candidates were successful in the entrance examination for PhD this year and provisional registration process of such candidates have been initiated.

Many certificate programmes for the faculty members of the affiliating institutions have been introduced in the University. Certificate Programmes in Family Health Care, Health Humanities, Clinical Skills Simulation, Research Methodology, Bio-Psycho Social Approach in Health Care Counselling and Ayurveda Research Methods are some of them.

KUHS is the only University which provides certificate programmes for their staff in collaboration with IMG Thiruvananthapuram. This started from 08/04/2019. The classes are scheduled as 20 sessions. The programme includes various areas of KSR, KS & SSR, Kerala Financial code, Budget Manual, Auditing, Right to Information Act, etc. in addition to management of soft skills.

The Library and Publication Division has started the compilation of the abstracts of Post Graduate Thesis received and the compiled PG Thesis is available in the University website.



# HONOURS & Achievements



Best Doctor & Life time Achievement Award by Indian Medical Association Kerala to Professor (Dr.) MKC Nair, D.Sc.

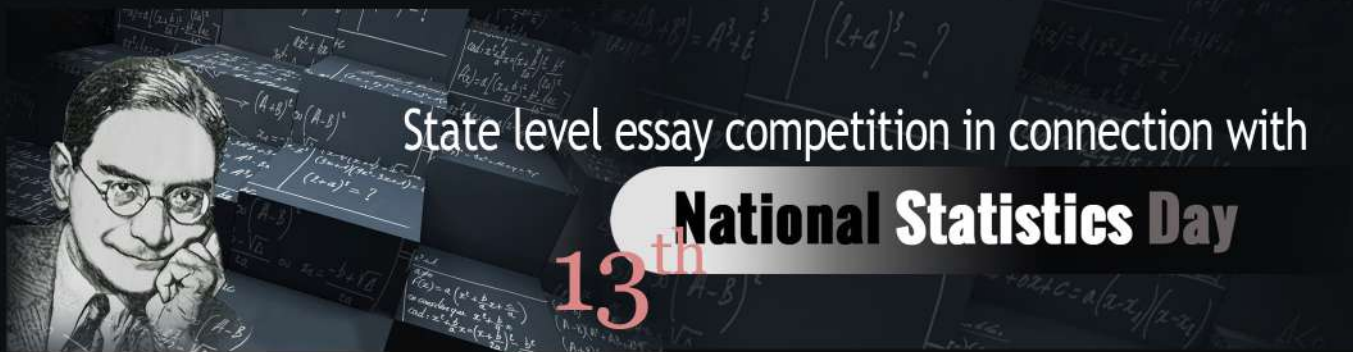


The Trivandrum Management Association has selected Our Vice Chancellor Dr. M.K.C Nair for the Management Leadership Award. The award was received by VC, Professor (Dr.) MKC Nair, D. Sc. from The Hon'ble Governor Shri. Justice (Retd.) P. Sathasivam on 27/08/2019.



Prof. (Dr.) MKC Nair receiving the Doctor of Science (D.Sc.) Degree in Medicine of Kerala University from the then Hon'ble Chancellor





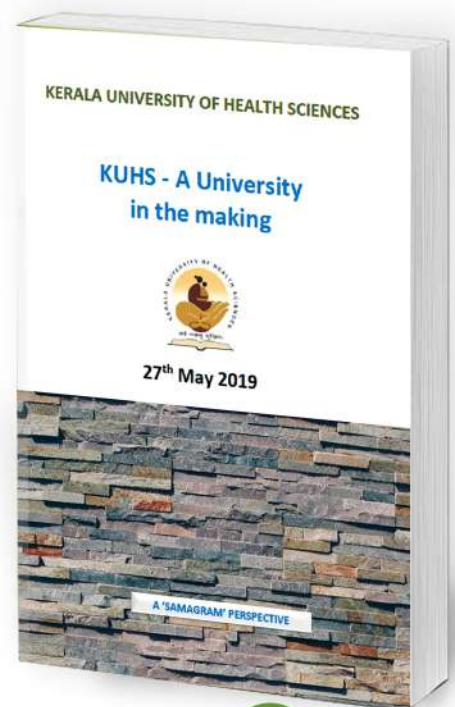
**Dr.** John George T, Associate Professor, Amala Institute of Medical Sciences, Thrissur, received 1st prize for the State Level Essay Competition conducted by Department of Economics and Statistics, Thrissur in connection with the 13<sup>th</sup> National Statistics Day. The public function held for observing the day was presided over by Economics and Statistics Deputy Director A. P. Sojan and inaugurated by Dr. R. Chandrababu, Vice Chancellor, Kerala Agricultural University. Prizes were distributed by the famous film star Tovino Thomas. Dr. John George has also won the 1<sup>st</sup> prize for Madhya Kerala IMA Medical Quiz and Madhya Kerala X-ray Quiz in this year. He was the winner of the consolation prize for his music video on 'Safe Blood for All' video competition of Amala Blood Bank in June 2019. Lyrics and music was by Dr. John and the group sung the song under his leadership.



## BOOK RELEASE

### ‘KUHS- A University in the making’ - true picture of KUHS

Kerala University of Health Sciences has published a book ‘A University in the making’ which is a true picture of the works of the University. It is the mirror image of the academic achievements, research activities and the timely conduction of examinations within a small period. The book is an evidence of the transparent, non-comparable and comprehensive administration based on laws and rules. This book is also a comprehensive study of the strength, weakness, opportunities and Threats in the functioning of the KUHS.



# STUDENTS Union ACTIVITIES

**KUHS** Students Union has observed World Environmental Day by conducting a seminar on the topics 'Are we getting to a stage where Humans become the only species on the blue planet' and 'How to study and approach towards the First University Exams' at Govt. Medical College, Thiruvananthapuram. Dr. Saboora Beegum, Vice Principal of Govt. Medical College, Thiruvananthapuram has inaugurated and Mr. Shehansha Pareed, (General Secretary of KUHS Students Union 2019 – 20) has participated in the function. Classes were taken by Dr. Arun B Nair and Dr. Anilkumar from Dept. of Psychiatry, Govt. Medical College, Thiruvananthapuram.



Seminar on Approach towards first University Exam in Govt. Medical College Thiruvanthapuram on 06/06/2019



# SU

## STUDENTS UNION ACTIVITIES



Seminar on Drug Abuse among Students in School of Medical Education, Kottayam



PCOS Awareness Program conducted in St. Joseph College of Nursing, Anchal on 27/07/19



## STUDENTS UNION *Activities*

Medical Camp for Flood Relief Camp in Kannur on 18/08/2019

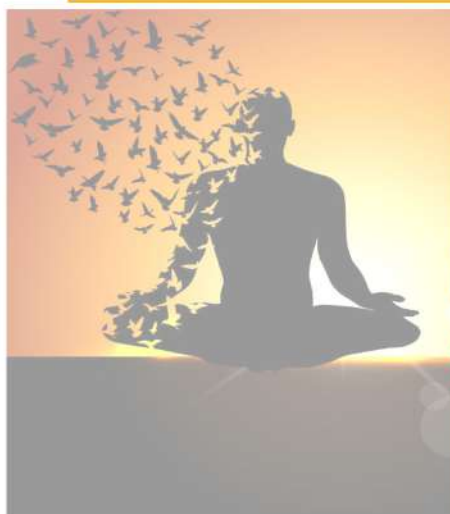






## World Yoga Day

**WORLD** Yoga Day celebrations were started with yoga class of the KUHS staff. Vice-Chancellor Prof. (Dr.) M.K.C Nair inaugurated the function. Pro Vice Chancellor Prof. (Dr.) A Nalinakshan, Registrar Prof. (Dr.) A.K. Manojkumar and Sarga President Shri. V.A. Manshad delivered speech on the importance of Yoga in our daily life. Yoga teacher Smt. Prabha Ramachandran led the classes. KUHS staff welfare organization organised the programme.





# World Environment day



## celebration

In connection to world Environmental Day, SARGA organised a class on the 'Organic Farming and Control of Insects'. Prof. K. E. Usha, HOD of Department of Central Nursery from Kerala Agricultural University, handled the classes. More than 100 vegetables of different varieties were cultivated in the KUHS Campus by the staff as part of it. After that interested KUHS staffs were provided Grow Bags, vegetable seeds, organic pesticides, etc. at reduced rates for promoting vegetable cultivation at home.

For understanding the importance of organic farming, and promoting the cooperation among the staff, SARGA organised vegetable farming in KUHS Campus. For that, based on their branches/ sections KUHS staffs were categorised and given them free Grow bags and vegetable seeds. Staff members took it in the right spirit and cultivated their own vegetables in the campus and the process is going on.







# Helping Hand *for* Flood affected people

*T*he flood in August 2019 once again made Kerala tearful. On in this occasion SARGA collected essential relief materials, substances, cash and other items from KUHS staff and donated to the flood relief camp of Thrissur District Collector.





# SPORTS MEET

## KUHS C ZONE SPORTS & GAMES 2019-2020 REPORT

Kerala University of Health Sciences, Thrissur, C Zone sports and games start on 2019 August 09 onwards. Palakkad, Thrissur and Malappuram Districts colleges are participated in this championship. All games, semi-finalist teams ( 4 ) are qualified in the inter zone competitions.

### C ZONE FOOTBALL CHAMPIONSHIP



### C ZONE CHESS CHAMPIONSHIP (MEN & WOMEN)



### C ZONE BASKET BALL CHAMPIONSHIP







# Editorial Board

Chairman: Prof. (Dr.) M.K.C. Nair, D.Sc (Vice Chancellor, KUHS)

Publisher: Prof. (Dr.) Manojkumar A. K. (Registrar, KUHS)

Chief Editor: Prof. (Dr.) Harikumaran Nair G. S. (Dean Research, KUHS)

Editor : Prof. (Dr.) V.V. Unnikrishnan (Dean Academic, KUHS)

Executive Editor: Dr. K.T. Jayalatha (Assistant Librarian, KUHS)

## Members:

Prof (Dr) A Nalinakshan (Pro Vice Chancellor, KUHS)

Prof (Dr). C. P. Vijayan (Controller of Examinations, KUHS)

Dean Student Affairs, KUHS

Smt. Aliamma P. O. (Assistant Registrar, Deans Office, KUHS)

Dr. A. Adil Nafar (University Assistant, KUHS)

Editorial team invites articles, news snippets, achievements and relevant information beneficial to KUHS and affiliated institutions. The institutional news should be supplemented by the Principal's authentication. The matter may be sent as email to the following mail id: [librarian@kuhs.ac.in](mailto:librarian@kuhs.ac.in). Please include your full name, designation, phone number and email id. Only emails are accepted. Article should be in word format and scanned photographs in the jpg format.

