



KERALA UNIVERSITY OF HEALTH SCIENCES

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Date: 18/09/2024

MARKAZ UNANI MEDICAL COLLEGE, KOZHIKODE

- **Details of the activities conducted:** In connection with Wayanad landslide disaster, NSS unit of MUMC&H organized certain relief activities in various camps as well as adopted village. Relief activities were also carried out in Puthupadi and Kodenchery panchayats. A cleaning team was formed to assist flood-affected households in the Kaithapoyil area.
- Collaborated with Puthupadi Panchayat (GVHSS Puthupadi, Mailampara School) and Kodenchery Panchayat (Nooramthode AMLP School, Chembukadavu School) to collect data on affected families and distribute necessary relief items to camps.
- Five teams were formed to manage the collection point, engage with camp residents, and provide voluntary services.
- Collaborated with Mihras Hospital to conduct medical camps and distribute medicines.
- The NSS unit of Markaz Unani Medical College and Hospital demonstrated exemplary commitment and efficiency in responding to the rain emergency. Through coordinated efforts with various organizations and government agencies the unit successfully provided relief and support to affected communities.
- Photographs of the activities are as under:



Digi Kerala survey:

On 24th August 2024, Unit volunteers carried out digital literacy survey in collaboration with Puthuppadi Gram Panchayat and NSS Unit Markaz Law College.

Photographs of the activities are as under:



LOURDE COLLEGE OF NURSING, TALIPARAMBA,
KANNUR

| Sl. No | Date | Activity conducted | No. of participants | No. of hours | Achievement by the programs including beneficiaries |
|--------|------------|---|---------------------|--------------|---|
| 1 | 12/08/2024 | Nasa Mukth Bharath Abhiyan: Volunteers of NSS pledged for a Drug free campus and was motivated to be ambassadors of Anti-drug campaign. | 30 volunteers | 10 minutes | This gave a chance to the volunteers to be responsible in the society and fight against the drug abuse that kills the people. |
| 2 | | Teachers' day: NSS volunteers organized Teachers' Day celebration at college | 20 volunteers | 20 minutes | This was an opportunity for the students to understand the importance of roles of teachers |

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| | | of nursing on 5 th September during assembly. All the teachers were presented with gifts and roses. | | | and the need to be inspired by them. |
| 3 | | Poshan Abhiyan week: Volunteers of NSS organized Nutrition program in association with Second semester students, during the National Nutrition Week on September 6 th . Various food dishes were prepared and the importance of having good food, along with the need for special foods for special groups were focused. Director, Mrs. Rakhi Jospeh, Vice Principal, Prof. Johnson LK, and all faculty members participated in the event. | 30 volunteers | 7 hours | It was a good opportunity for the students to understand the need for good food and special precautions for special groups. |
| 4 | 06-09-2024 | Wayanad relief fund: NSS volunteers of LCN collected an amount of Rs. 25000/- from all batches, faculty and office staff to Wayanad relief fund. The amount was sent | | | This was a great opportunity for the students to extend their help to the needy and it really motivated all. |

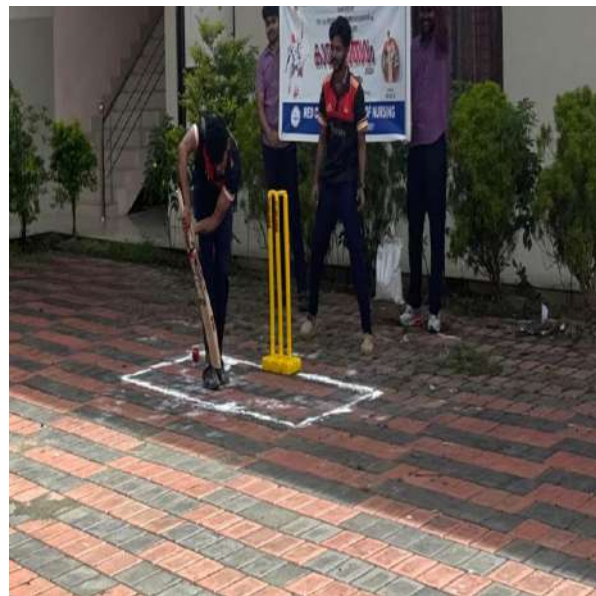
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| | | to the state NSS cell account. | | | |
| 5 | | Onam celebration: NSS volunteers associated with SNA in organizing Onam celebration in LCN on 10 th September in college campus. Dr. Joseph Benevan, Managing Director inaugurated the event, and Director, Mrs. Rakhi Joseph, Vice Principal, Prof. Johnson LK and all the faculty were present. Delicious Sadhya and variety of games added color to the day. | 100 volunteers | 7 hours | It was an opportunity for the students to celebrate unity, coordination and prosperity. |

RED CRESCENT COLLEGE OF NURSING, KOZHIKODE

| Sl no | Date | Activity conducted | No. of participants | No. of Hours | Achievement by programmes including Beneficiaries |
|--------------|-------------|---------------------------|----------------------------|---------------------|---|
| 1 | 29-08-2024 | National sports day | 50 participants | 4 Hrs | NSS Unit of red crescent college of nursing conducted National Sports Day is celebration on August 29 this is the birth anniversary of Major Dhyan Chand, one of the greatest hockey players of india The official theme for National Sports Day 2024 is “Sport for the Promotion and Peaceful and Inclusive Societies” . This theme highlights how athletics can strengthen social bonds, unite individuals, and give communities the tools they need to promote inclusivity and peace. Nss volunteers of red crescent college of nursing is conducted different kind of sports activities for all students .the program was very helpful to encourage students to realize the importance of the day. |

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| 2 | 08-09-2024 | World physiotherapy day | 50 Participants | 2 Hrs | World physiotherapy awareness day organized by NSS unit of Red Crescent College of Nursing. This year the theme of World Physiotherapy Day 2024 is “Physiotherapy and Low back Pain Around the world, low back pain (LBP) is a major contributor to disability, and by 2050” , its prevalence is expected to rise. The NSS Volunteers conducted a health education and awareness skit for patients in ESI hospital feroke regarding importance of physiotherapy in health management . The session was very informative for society. |
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NATIONAL SPORTS DAY



WORLD PHYSIOTHERAPY DAY



N.S MEMORIAL COLLEGE OF NURSING (NSMCON), KOLLAM

1. INDEPENDENCE DAY/DRUG ABUSE BADMINTEN TOURNAMENT – 2024

As a part of the Independence Day celebration, the Kerala University of Health Sciences taken initiative to fighting against drug abuse, organised a badminton tournament to sensitise the youth about the drug use and abuse. NSS volunteers of our college conducted sports event (Badminton-men and women) on 29/8/2024 at 3.00 pm in the badminton court at NSMCON. The theme of the event was popularised with the slogan “Real strength is saying no to drugs, let us stop drug abuse for better future.” Four teams from boys and four teams from girls participated the events. Our college Principal Prof. Dr. Suresh K.N inaugurated the event and delivered the message regarding importance of sports and about the theme of the day.

Mr.Muhammed Saidali.S (6th semester) and Ijas (4th semester) won the first prize in boy's championship & Ms.Amala & Sreelekshmi (4th year) won the first prize in girls championship. There are about 150 audience including 80 NSS Volunteers who motivated the participants, the event concluded at 5.00 pm by reminding the need for the care against the drug abuse among **adolescents**.

2. GREEN INITIATIVE MHC, PEROORKADA - 2024

The NSS volunteers of NS Memorial College of Nursing got an opportunity to be the part of the Green initiative at Mental Health Centre Peroorkada, Thiruvananthapuram. Utilizing the 11 acres of land for vegetable cultivation not only promotes sustainability but also provides a therapeutic activity for the inmates. The green initiative programme was organised by the administration of MHC on 02.09.2024. The programme was inaugurated by Dr.Sheena, Consultant Psychiatrist, MHC, Peroorkada, Medical, Nursing and allied health staff were participated. The NSS volunteers from NS Memorial College of Nursing, along with the faculty members Mr. Amal James, Ms.Neelima Vijay and Ms.Chithra, actively participated in this initiative. Such activities can have a positive impact on both the environment and the mental well-being of the participants.



3. CLOTH DONATION DRIVE – 2024

As a part of the academic requirements, the students of N.S Memorial College of Nursing posted in the Mental Health Centre, Thiruvananthapuram. The NSS volunteers observed the basic care needs of the inmates and realise that the need for the dresses and they called for the dress collection drive at college level and collected more than 150 pairs of cloths. Prof.Dr.Suresh K N appreciated the volunteers for this initiative and supported the collection drive. Faulty members Mr. Amal James, Ms.Neelima Vijay and Ms.Chithra, actively participated in this initiative, and donated to the inmates through the Medical and Nursing Superintendent of MHC, Thiruvananthapuram. Absolutely, it truly reflects the compassion and dedication of the volunteers. Engaging in such meaningful activities not only helps meet the basic needs of the community but also fosters a sense of responsibility and empathy among the participants.



4. FINANCIAL SUPPORT FOR MEDICAL EXPENSE

One among the students from our institution were met with an accident were need financial support for his medical expenses. The NSS volunteers were taken initiative to collect the money from the faculty and staff to support him. The collected money of total ₹ 80,000.00 were handed over to his family for the same. As the management of N.S Memorial College of Nursing and NSMIMS, were supported for the relief of Natural calamity at Wayanad, we could support one among the member from our N.S Family.

CARITAS COLLEGE OF NURSING

| Sl. No | Date | Activity conducted (Name of the Activity) | No. of Volunteers Participants | No. of Hours performed | Achievement to the beneficiaries by the programmes |
|--------|------------|---|-----------------------------------|---------------------------|---|
| 1. | 24/08/2024 | Medical Camp at Labakandam, Kumili | 3Volunteers | 8hours | <ul style="list-style-type: none"> Free medical consultation,blood check-up, ECG, ECHO and medicine for the participants |
| 2. | 01/09/24 | Medical Camp at kummanam, Kottayam | 4 Volunteers | 8 hours | <ul style="list-style-type: none"> Free medical consultation,blood check-up, ECG, ECHO and medicine for the participants |
| 3. | 05/09/24 | Medical Camp at CMS College, Kottayam | 4 Volunteers | 8 hours | <ul style="list-style-type: none"> Free medical consultation,blood check-up, ECG, ECHO and medicine for the participants |
| 4. | 13/09/24 | Teachers day celebration | 100 Volunteers | 1 hour | <ul style="list-style-type: none"> Honour and recognize the dedication, hard work and dedication of teachers |
| 5 | 13/09/24 | Onam celebration | 100 Volunteers | 5 hour | <ul style="list-style-type: none"> Showcases Kerala's cultural heritage |

Brief Description of the activity with photographs if any :-

1. NSS unit of Caritas College of Nursing in collaboration with Caritas Hospital and Periyar Tiger Reserve East Division organized a medical camp on 24/08/24 for the MannanPaliyaSamudaya children at GTUPS, Labakandam, Kumili. The camp aimed to provide free medical services and promote health awareness among the children. Dr. Vinnya Thomas, Consultant, Gynecology, Caritas Hospital had taken an awareness class on the topic “Sexual Health” for the children. The camp featured consultations across various medical specialties. (Community medicine, Psychology, Clinical Nutrition & Dietetics). Laboratory services and Medicine distribution were provided free of cost to all the participants.



2. NSS unit of Caritas College of Nursing in collaboration with Caritas Hospital, St. George Jacobite Church, Kummanam and Lions Club, Kottayam organized a medical camp on 01/09/24 at LP School, Thondambra. The medical camp aims to provide free medical services and promote health awareness among the local community. The camp featured consultations across various medical specialties. (General medicine, Gastroenterology, Dermatology and Pulmonology). Laboratory services, ECG, ECHO and Medicine distribution were provided free of cost to all the participants. A total of 113 patients attended the free medical camp.



3. NSS unit of Caritas College of Nursing in collaboration with Caritas Hospital organized a medical camp on 05/09/24 at CMS College, Kottayam. The camp featured consultations across various medical specialties. Laboratory services, ECG, ECHO and Medicine distribution were provided free of cost to all the participants. A total of 142 patients attended the free medical camp.



4. NSS unit of Caritas College of Nursing celebrated teacher's day on 13/09/24 to honor and recognize the dedication, hard work and contributions of teachers towards shaping the minds of future generations. Students express their gratitude to teachers by presenting gifts.



5. NSS unit of Caritas College of Nursing celebrated Onam on 13/09/24. NSS volunteers take the initiative to made the Onam colourful. Various entertainment games were organized for both faculty and students. Arrival of Mahabali, thiruvathirakali, onapattu and onasadhyamakes the Onam truly special and unforgettable.



THE DALE VIEW COLLEGE OF PHARMACY AND
RESEARCH CENTRE, TRIVANDRUM

| Sl. No. | Date | Name of the activity conducted | No. of participants | Total Hours spend | Achievement by the program including Beneficiaries |
|---------|------------|---|---------------------|-------------------|--|
| 1. | 28/08/2024 | Cyber security awareness webinar | 100 | 2 hr | Regular awareness programs, training sessions, and proactive measures are key to building robust cybersecurity defences and safeguarding against the growing array of digital threats. |
| 2. | 30/08/2024 | Blood stem cell donor awareness programme & registration campaign | 180 | 1 hr | Awareness campaigns can make a significant impact on the health and survival of countless individuals around the world. |
| 3. | 02/08/2024 | Blood Transfusion : Regulations, Series-2 | 75 | 1 hr | The session reinforced the critical role of each team member in ensuring safe and effective blood transfusion services. |
| 4. | 02/08/2024 | PATHWAYS TO SUCCESS- The road less travelled | 30 | 1 hr | The Storytelling Circle by Pioneers was held to celebrate the experiences, insights, and journeys of the pioneers who have significantly |

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| | | | | | contributed to our community. |
| 5. | 04/09/2024 | World Sexual Health Day | 75 | 2 hrs | The theme of the event was "Positive Relationships" and focused to create an awareness among our students. |
| 6. | 05/09/2024 | Teachers' day celebration | 50 | 1 hr | This day dedicated to honouring the unwavering commitment of educators. |
| 7. | 05/09/2024 | Honouring best teacher | 15 | 1 hr | This day dedicated to honouring the unwavering commitment of educators. |
| 8. | 09/09/2024 | Interaction with social worker students from Sweden | 25 | 1 hr | Will create an interest in social activities. |
| 9. | 10/09/2024 | World Suicide Prevention Day | 45 | 2 hrs | The event focused on raising awareness about suicide prevention, educating participants on recognizing warning signs, and providing resources and strategies to support those in need. |
| 10. | 12/09/2024 | Distribution of lunch packets in Tripadam | 100 | 1 hr | The idea of Pothichor distribution can be linked to various |

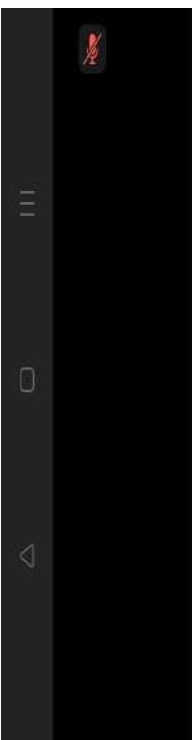
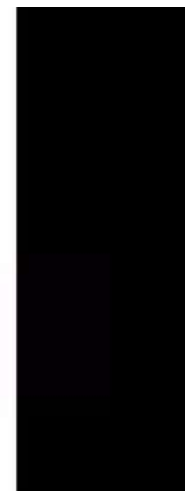
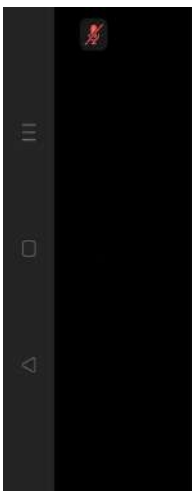
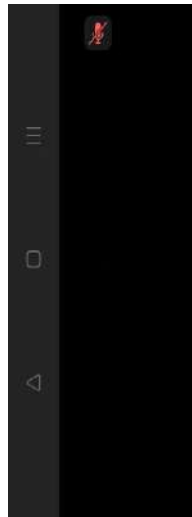
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| | | | | | community efforts or charitable initiatives aimed at providing these meals to people in need, especially in rural areas, schools, or as part of social service activities. |
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CYBER SECURITY AWARENESS WEBINAR

NSS unit of The Dale View College of Pharmacy & Research Centre in association with Global Shapes Community, Pune organizes a cyber security awareness webinar on 28th August 2024. The programme was lead by Ms. Lakshmi Mini, Head Intervention, ISAC CopConnect, Global Sharper Alumnus, who has empowered thousands of students and professionals to become cyber awareness citizens. Our students and staffs were joined in the session through zoom.

Cybersecurity awareness is essential for everyone in our increasingly connected world. By understanding the importance of protecting digital assets and adopting secure practices, individuals and organizations can significantly reduce the risk of cyber-attacks and contribute to a safer online environment. Regular awareness programs, training sessions, and proactive measures are key to building robust cybersecurity defences and safeguarding against the growing array of digital threats.

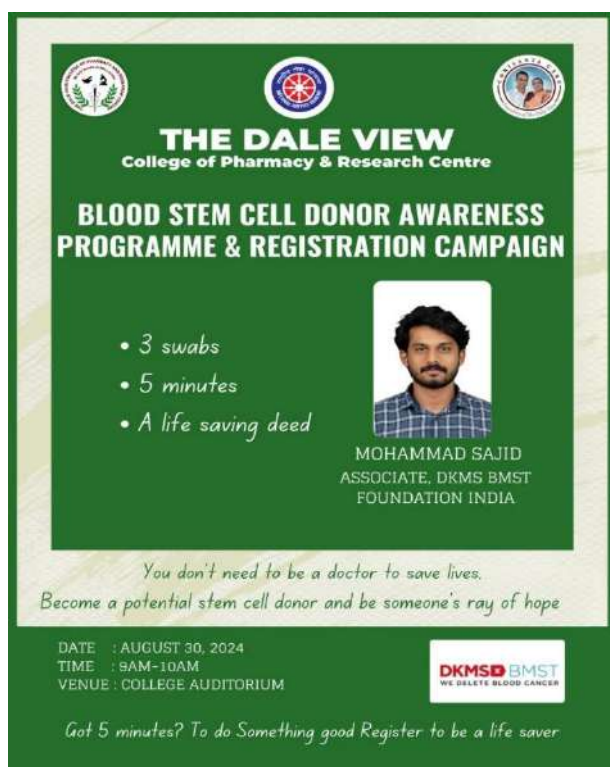




BLOOD STEM CELL DONOR AWARENESS PROGRAMME & REGISTRATION CAMPAIGN

The NSS unit of The Dale View College of Pharmacy and Research Centre had conducted a blood stem cell awareness program and Registration campaign on 30/08/2024 at the college and Dale View paramedical institute. We had 2 resource persons from DKMS -BMST to organize the programme. Mr. Mohammed Sajid, associate head created a great impact on awareness session. And the Impact reflected on the registration process. We had almost 150 registrations from both of the institution.

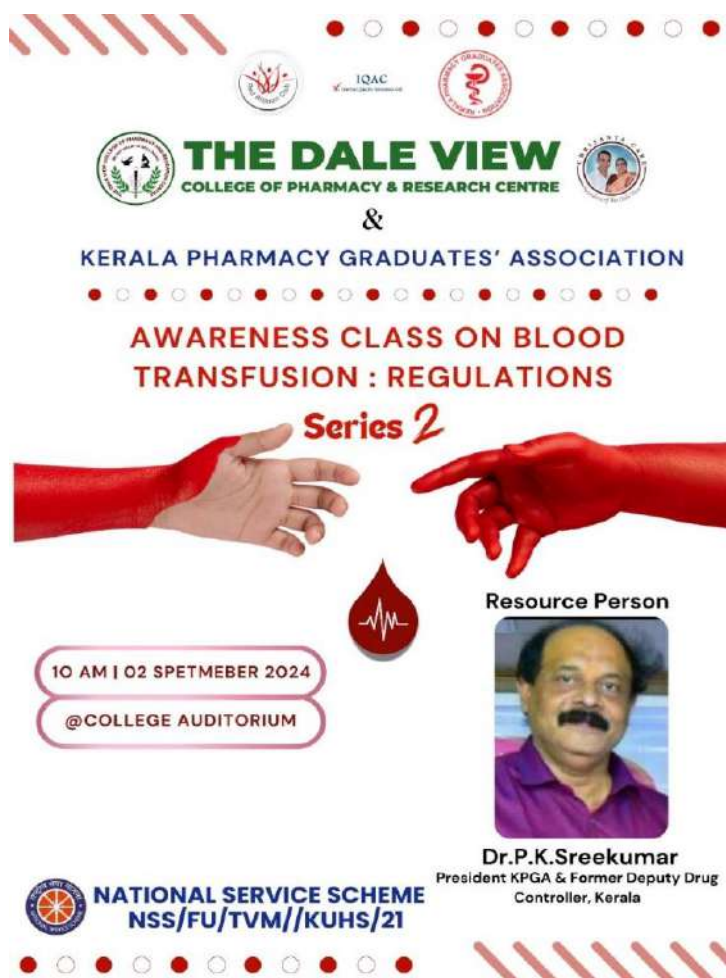
Awareness of blood stem cell donation is vital in saving lives, expanding donor registries, and ensuring that patients with serious blood disorders have the best chance of finding a suitable match. By educating the public, dispelling myths, and emphasizing the importance of a diverse and ready donor pool, awareness campaigns can make a significant impact on the health and survival of countless individuals around the world.



BLOOD TRANSFUSION: REGULATIONS, SERIES-2

The NSS unit of the The Dale View College of Pharmacy and Research centre had conducted an awareness class on "Blood Transfusion: Regulations, Series-2" in association with Kerala Pharmacy Graduates Association. The session was handled by Dr P K Sreekumar, KPGA president, former Deputy Drug Controller Kerala on 02/09/2024 at college Auditorium.

The awareness session successfully highlighted the importance of regulatory compliance in blood transfusion practices. By adhering to established guidelines and continuously educating the students, we can significantly reduce risks and improve patient outcomes. The session reinforced the critical role of each team member in ensuring safe and effective blood transfusion services.



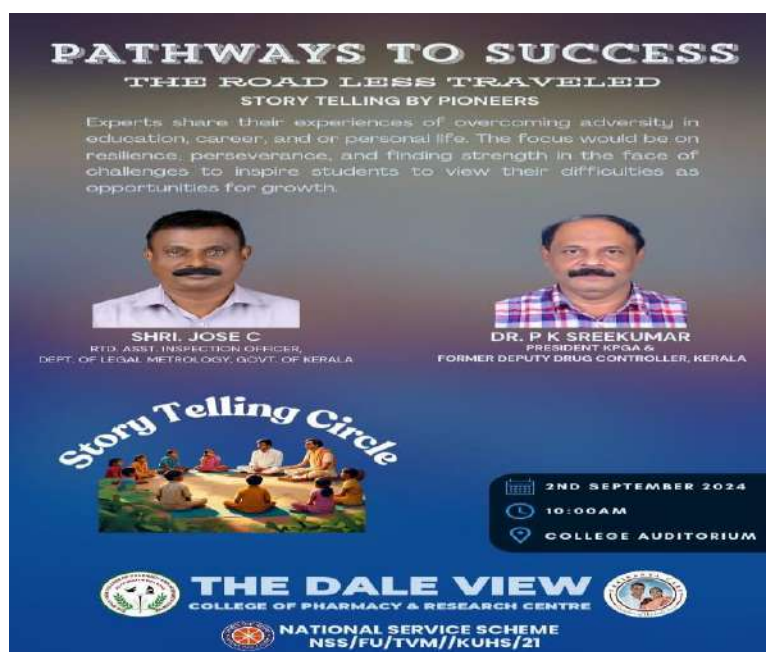


PATHWAYS TO SUCCESS- The road less travelled

The NSS unit of the The Dale View College of Pharmacy and Research centre had conducted a story telling circle named "PATHWAYS TO SUCCESS- The road less travelled". The session was highlighted by Dr P K Sreekumar, KPGA president, former Deputy Drug Controller Kerala and Shri. Jose C, Rtd assistant inspection officer, Department of legal metrology on 02/09/2024 at college Auditorium.

The Storytelling Circle by Pioneers was held to celebrate the experiences, insights, and journeys of the pioneers who have significantly contributed to our community. The event aimed to foster a sense of connection, preserve valuable history, and inspire future generations through the power of storytelling. Each pioneer was given an opportunity to share their personal stories, highlighting key life events, challenges faced, and the lessons learned.

The Storytelling Circle by Pioneers was a resounding success, achieving its objectives of honouring the pioneers, preserving community history, and inspiring future generations. The event underscored the importance of storytelling as a powerful tool for connection and cultural preservation. By continuing to support and celebrate the stories of our pioneers, we can ensure that their legacy endures for years to come.



WORLD SEXUAL HEALTH DAY

In observance of World Sexual Health Day, Red Ribbon Club and NSS of The Dale View College of Pharmacy and Research Centre organized an awareness program on 4th September at college auditorium. The theme of the event was "Positive Relationships" and focused to create an awareness among our students. The inauguration of the event was graced by the presence of Dr Anupama, Managing Director, Pran Hospital, Thiruvananthapuram. She handled a session on the topic 'Menstrual disorders and Reproductive Health' and explained various stages and issues associated with menstruation and disorders. She also discussed about pregnancy, lactation and various infectious diseases, commonly affected by women. Dr Abhirama B R, Prof and HOD , Dept of Pharmacy Practice, welcomed the gathering and presided by Dr Seena H , Vice Principal. Dr Aneeta

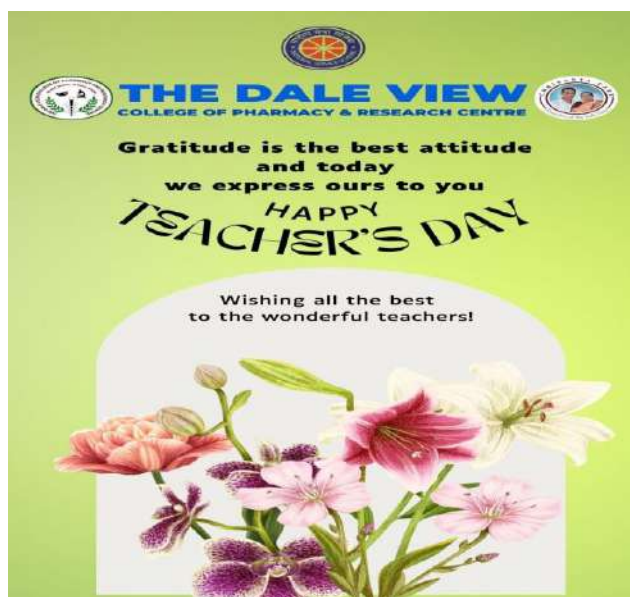
Toms, Assistant Professor, delivered vote of thanks. All the students were actively participated and clarified their doubts through QA session.



TEACHERS' DAY CELEBRATION

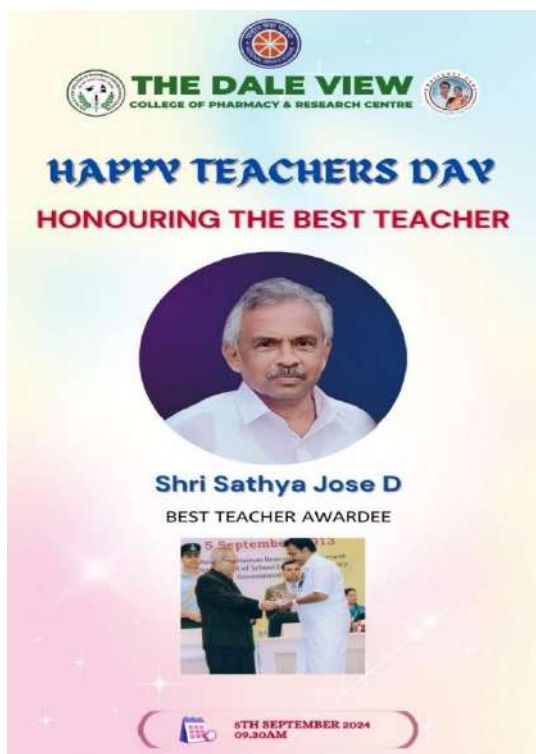
The NSS unit of the The Dale View College of Pharmacy and Research Centre, celebrated Teachers Day on 5th September 2024 at college by honouring the teachers. Students expressed their gratitude to teachers through various activities such as honouring teachers with specially designed teacher's day cards, gifts to recognise their hard work and dedication. Cake cutting was arranged for teachers by the NSS unit.

Dr Shaiju David Alfi, MD & CEO gives teachers day message and encouraged all the teachers to be more enthusiastic and nurture model citizens for India.



HONOURING BEST TEACHER

The NSS unit of the The Dale View College of Pharmacy and Research Centre, celebrated Teachers Day on 5th September 2024 at college by honouring the teachers. On the same day the NSS unit honoured Mr Satya Jose sir who was the recipient of best teacher award on 2013 from Hon. President of India. We presented a memento and ponnada and he shared his invaluable experience to students during the event.



INTERACTION WITH SOCIAL WORKER STUDENTS FROM SWEDEN

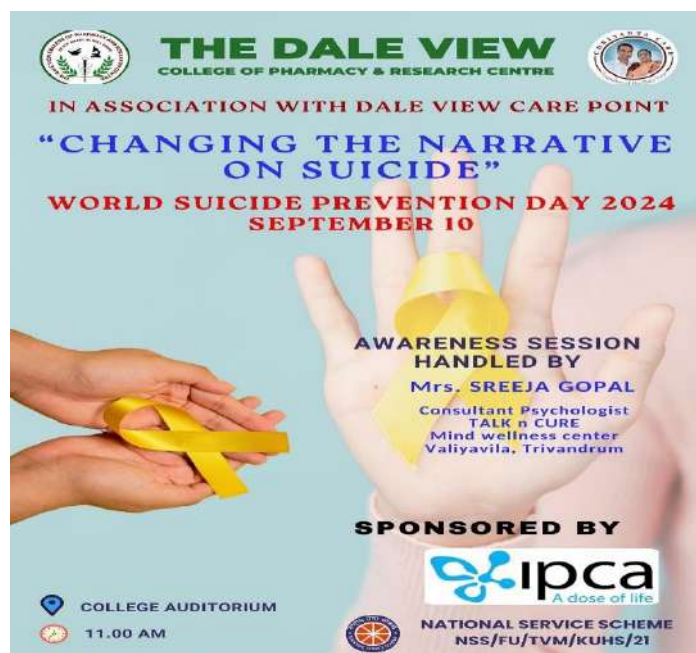
The NSS unit of The Dale View College of Pharmacy and Research Centre had an interaction with social worker students from Sweden. Now they are doing their internship at Loyola college. Dr Vrinda, associate professor from Loyola college had accompanied them. The interns visited our Kalam Museum and Kalam Smrithi International auditorium and our NSS vegetable garden.



WORLD SUICIDE PREVENTION DAY

In observance of World Suicide Prevention Day, the NSS unit of The Dale View College of Pharmacy and Research Centre, in collaboration with Dale View Care Point and sponsored by IPCA Laboratories, organized an awareness session for students on September 10, 2024, at the college auditorium. The session was led by Mrs. Sreeja Gopal, a Consultant Psychologist from TALK n CURE, Mind Wellness Centre, Trivandrum.

The event focused on raising awareness about suicide prevention, educating participants on recognizing warning signs, and providing resources and strategies to support those in need. The primary goal was to create a compassionate and supportive environment where individuals feel empowered to seek help and extend support to others.



DISTRIBUTION OF LUNCH IN TRIPADAM OLD AGE HOME

The NSS unit of The Dale View College of Pharmacy and Research Centre had distributed lunch packets at Trippadam old age home. The NSS volunteers collected 60 packets of lunch packets from the students.

"Pothichor" refers to a traditional Kerala meal wrapped in a banana leaf, often carried as a packed lunch. The idea of Pothichor distribution can be linked to various community efforts or charitable initiatives aimed at providing these meals to people in need, especially in rural areas, schools, or as part of social service activities.

It could involve the preparation and distribution of these meals to specific groups.



AZEEZIA COLLEGE OF DENTAL SCIENCES & RESEARCH,
KOLLAM

| Sl. No. | Date | Activity conducted (Name of the Activity) | No. of Volunteers Participants | No. of Hours performed | Achievement to the beneficiaries by the programmes |
|---------|-----------|--|--------------------------------|------------------------|--|
| 1 | 30.8.2024 | ORAL SCREENING CAMP | 8 | 4 | The Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research, Kollam |

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| | | | | | and NSS Unit (NSS/SFU/KLM/K UHS/3) conducted an Oral Screening Camp on 30th August 2024 at Bishop Jerome Engineering College, Kollam. Proper brushing technique and oral screening was done for students and NSS volunteers at the college. |
| 2 | 10.9.2024 | Planting of Saplings in Herbal garden in association with JCI,Quilon | 8 | 1 | The JCI in association with Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research and NSS unit(NSS/SFU/KLM/K UHS/3) on September 10 2024 planted saplings(Mango tree) at Herbal Garden as a part of their project. Over 20 sapling were bought and their aim is to plant at various schools/colleges in and around Kollam. |

Brief Description of the activity with photographs if any:-

The Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research, Kollam and NSS Unit (NSS/SFU/KLM/KUHS/3) conducted an Oral Screening Camp on 30th August 2024 at Bishop Jerome Engineering College, Kollam. The camp commenced at 10am with an inauguration and the welcome address was given by the NSS programme officer Mr Laiju Thankachan. The NSS song was sung by the volunteers of NSS. The Oral Screening Camp started at 10 30 am. The students were divided into groups and demonstrated how to brush with a model and a proper brushing technique was also demonstrated during the camp.

A total of 147 students were examined out of which 60 students were advised a full mouth oral prophylaxis, 40 were advised restoration, 15 were advised orthodontic treatment and 15 were advised to undergo extraction. The camp concluded at 1:00pm with the vote of thanks by a NSS volunteer. The students were referred to Azeezia dental college for further treatment.



Brief Description of the activity with photographs if any:-

JCI (Junior Chamber International) is a World Wide Federation of young leaders and entrepreneurs having a membership of 2 lakh active members and millions of JCI alumni participating in project, meetings, learning programs and events.

JCI thrives in more than 6 lakhs communities located in about 115 countries throughout the world.

The JCI in association with Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research and NSS unit(NSS/SFU/KLM/KUHS/3) on September 10 2024 planted saplings(Mango tree) at Herbal Garden. They bought over 20 saplings (Mango tree) of same variant and there initiative is to plant the saplings in various schools and colleges over Kollam and raise awareness and promote the therapeutic value of the conservation of plants that grow largely wild in our environment and whose properties help maintain a healthy balance between humans and nature. The JCI, Quilon President explained the aim and object of doing this project for the NSS volunteers. Dr Aarathi Vijayan, HOD, Department of Public Health Dentistry, Azeezia College of Dental Sciences and Research explained how the Department started the Herbal garden and its aim and progress. The programme concluded with a vote of thanks by Intern,Dr Sooraj, Azeezia Dental College.



WESTFORT COLLEGE OF PHARMACY, POTTORE, **THRISSUR**

INDEPENDENCE DAY-2K24

The 78th independence day was celebrated with great enthusiasm by all the students of Westfort college of pharmacy along with NSS unit. The independence day ceremony began at 8:15am with the principle of the college, Dr Anil Babu A, hoisting the national flag. Following the flag hoisting, a group of students sang patriotic songs and performed a beautiful dance. Alongside with independence day we also celebrated the fourth anniversary of Nasha Mukta Bharat Abhiyan and had taken a pledge against drug abuse. The event concluded with National anthem.





MALABAR CANCER CENTRE, THALASSERY, KANNUR

| Sl. No. | Date | Name of the activity conducted | No.of participants | Total Hours spend | Achievement by the program including Beneficiaries |
|---------|--------------------------|--|--------------------|-----------------------|---|
| 1 | 16/08/2024 to 15/09/2024 | Palliative services and patient care services. | 9 | Total 201 hours spend | Malabar cancer centre is an apex cancer centre under the state government of Kerala. Around 350 to 450 patients visit the institution every day for treatment. Each day, two NSS volunteers are posted in the palliative department to help patients. Likewise, two volunteers are posted in the reception area to assist patients. |
| 2 | 20/08/2024 | Participated in blood bank camp | 2 | 6 hrs each | Malabar Cancer Centre organizes blood bank camps in Kannur and neighboring districts. At each camp, two NSS |

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| | | | | | volunteers will participate. |
| 3 | 23/8/2024 | Participated in blood bank camp | 2 | 6 hrs each | |
| 4 | 01/09/2024 | Participated in blood bank camp | 2 | 6 hrs each | |
| | 09/09/2024 | Participated in blood bank camp | 2 | 6 hrs each | |

1. Malabar Cancer Centre organized blood bank camps on 20/08/2024, 23/08/2024, 01/09/2024 and 09/09/2024. Two NSS volunteers actively participated in each camps.



1. Malabar cancer centre is an apex cancer centre under the state government of Kerala. Around 350 to 450 patients visit the institution every day for treatment. As part of regular NSS activities, 4 volunteers will be assigned to palliative divisions and patient helpdesks every day. During the period from 16/8/2024 to 15/9/2024, 9 NSS volunteers spent a total of 201 hours providing the above services.

CSI COLLEGE OF NURSING, KARAKONAM

| Sl no | Date | Name of the Activity Conducted | No: of Participants | Total hours spend | Achievement by the program including beneficiaries |
|-------|----------|--------------------------------|---------------------|-------------------|--|
| 1 | 15.08.24 | Independence day celebration | 50 | 4hrs | As a part of Independence day celebration of the year 2024. The event commenced with flag hoisting by Dr Jasmine Mary Jacob, Professor of Department of Ophthalmology followed by National Anthem at 8.30am in front of Administrative block. Then she started her valuable thoughts on the occasion and motivated the attendees. The speech highlighted the sacrifices made by our valiant freedom fighters and detailed the events that led to India's Independence. It also mentioned India's growth and development in various sectors such as education and space technology since independence. The speeches also mentioned India's growth and development in various sectors such as education and space technology since independence. Lastly, NSS Volunteers emphasized that we, as citizens of India, must not take our freedom for granted and continue to contribute to India's prosperity and glory. All the attendees were served refreshment after the program and it came to an end at 9.30am. |



BABY MEMORIAL COLLEGE OF NURSING, KOZHIKODE

| Sl. No. | Date | Activity conducted (Name of the Activity) | No. of Volunteers Participants | No. of Hours performed | Achievement to the beneficiaries by the programmes |
|---------|------------|--|--------------------------------|------------------------|--|
| 1. | 22/08/2024 | Screening camp | 5 | 3 | Screening done and no case identified. |
| 2. | 01/09/2024 | Medical camp | 15 | 7 | Provided treatment and referral services. |
| 3. | 10/09/2024 | Services for elderly and differently abled | 50 | | |

1. REPORT ON SCREENING OF FILARIASIS

In Collaboration with District Vector Control Unit - Dept. of Health

On August 22, 2024, the NSS unit of BMCON organized a Microfilaria Detection Camp in collaboration with the District Vector Control Unit, Kozhikode. The event aimed to identify cases of filariasis among the hostel residents of BMH Academy. Taking place from 8 PM to 10 PM, the screening was efficiently managed by NSS volunteers who handled all the arrangements. Approximately 350 participants benefited from this initiative.



2. REPORT ON MEDICAL CAMP

On 1st Sep 2024, the NSS unit of BMCON organized a Neuro-medical camp in collaboration with BMH, ASWAS Palliative Care Unit & SMILE (Social Mission For Improvement of Life & Environment Charitable Society), Mukkam, Kozhikode District. The camp commenced at 09:00 AM with an inaugural speech delivered by Dr. K G Alexander, Chairman, BMH & BMH Academy. The executive members of SMILE delivered a felicitation address. Various services were provided during the camp including monitored BP & Blood glucose, referral services for further investigation & treatment, counselling and consultation such as neurology, paediatrics, etc. The camp was conducted at Aswas Palliative care unit, Mukkam, Kozhikode District.

Approximately 345 individuals including palliative care patients and mentally challenged benefited from the camp. The program concluded at 3:00 PM, having successfully provided much-needed healthcare services to the residents of the mukkam community.



3. REPORT ON SERVICES FOR ELDERLY & DIFFERENTLY ABLED

On September 10, 2024, NSS volunteers visited the Home of Love, an old age home in Calicut, to celebrate Onam. The volunteers organized a program from 10 AM to 1 PM that included recreational activities such as games, singing, and dancing to entertain the residents. Additionally, they contributed essential items and supported to meet the basic needs of the elderly individuals at the home, ensuring a joyful and supportive celebration.



AMALA COLLEGE OF NURSING, THRISSUR

| Sl no . | Date | Activity conducted | No. of participants | No. of Hours | Achievement by programmes including Beneficiaries |
|---------|------------|--------------------|---------------------|--------------|--|
| 1 | 09/08/2024 | Outreach program | 50 | 3 | Engaged in sharing valuables, knowing the importance of being in the society |

| | | | | | |
|---|------------|---|----|---------|---|
| 2 | 09/08/2024 | Digi Kerala - Survey | 5 | 6 | Took survey for Digi Keralam |
| 3 | 14/08/2024 | Nutrition Program | 50 | 3 | Knowing the needs of nutrient requirements in children and other age groups |
| 4 | 19/08/2024 | Tribute to Healthcare Workers Who Have Been Brutally Murdered | 50 | 15 min | Know the importance of unity and support of each other. Know society better so that can work beyond limits |
| 5 | 20/08/2024 | World Mosquito Day Rally | 50 | 30 min | Understand the mosquito related disease and preventive measures |
| 6 | 25/08/2024 | Sunday Saviours: Blood Donation Camp | 2 | 6 hours | Understanding how to conduct a blood donation camp, being socially committed and knowing the importance of blood donation |
| 7 | 05/09/2024 | Visit to Orphanage - Gagultha | 50 | 4 hours | Understanding the need to consider, love, care and protect the needy. |

| | | | | | |
|---|----------|--------------------------------------|---|---------|---|
| 8 | 8/9/2024 | Sunday Saviours: Blood Donation Camp | 2 | 6 hours | Understanding how to conduct a blood donation camp, being socially committed and knowing the importance of blood donation |
|---|----------|--------------------------------------|---|---------|---|

1. REPORT ON OUTREACH PROGRAMMES CONDUCTED THROUGH DISTRICT TB CENTRE ON 9/8/2024

As part of our NSS initiative, volunteers from Amala College of Nursing actively participated in various outreach programs organized by the District TB Centre in Thrissur. These programs are aligned with the objectives of the Nikshay Mitra initiative, a component of the Pradhan Mantri TB Mukht Bharat Abhiyan, which aims to support tuberculosis patients across India. Our involvement provided us with valuable insights into the operational aspects of TB care and the significant impact of community support in combating this disease.

Activities Conducted

- Nutritional Care:** Our volunteers assisted in providing food baskets to TB patients. These baskets included essential items such as cereals, pulses, millets, vegetable oil, groundnuts, milk, and micronutrients. This initiative aimed to enhance the nutritional status of patients, which is crucial for their recovery.
- Diagnostic Support:** The volunteers played a key role in advocating for the availability of free anti-TB drugs provided by the Revised National Tuberculosis Control Program (RNTCP). They facilitated the process by helping to fill out requisition forms for private providers, ensuring that patients had access to the necessary medications at no cost.
- Vocational Support:** Our NSS team provided vocational support to TB patients by guiding them toward various opportunities. This initiative aimed to help patients regain their confidence and reintegrate into society while managing their condition.

The outreach programs conducted through the District TB Centre provided a significant learning experience for the NSS volunteers from Amala College of

Nursing. Our visit to the center offered a deeper understanding of the staffing patterns, activities, treatment modalities, and drugs available. Additionally, we gained insights into the National TB Elimination Programme, TB screening management, and various preventive measures.

These experiences have reinforced our commitment to community health nursing and the critical role that support systems play in the effective management of TB. The efforts of the volunteers not only contributed to the well-being of TB patients but also enhanced their own knowledge and skills in public health interventions.



2. DIGI KERALAM SURVEY REPORT

Date: August 9, 2024

Location: Ward 2, Chittilapilly, Elavally Grama Panchayath

Participants:

- 5 NSS Volunteers
- Program Officer Don Jose K.

Organizer: Panchayath President Jiofox Sir

Overview: On August 9, 2024, a survey was conducted as part of the Digi Keralam initiative. This survey was organized by Panchayath President Jiofox Sir, following directives from the Kerala government. The NSS team, consisting of five volunteers and Program Officer Don Jose K., played a crucial role in this effort.

Details: The survey was carried out using the Digi Kerala app and aimed at assessing digital access and inclusion within the community. The survey covered a total of 136 houses in Ward 2, Chittilapilly, within Elavally Grama Panchayath. The survey commenced at 9 AM and concluded at 4 PM.

Outcome: The participation of the NSS volunteers was instrumental in successfully completing the survey. Their efforts were highly appreciated by Panchayath President Jiofox Sir, who commended their dedication and contribution to enhancing digital inclusion in the area.

Conclusion: The Digi Keralam initiative was a significant step towards improving digital accessibility and inclusion. The involvement of the NSS team demonstrated strong community engagement and support for government-driven digital initiatives.



3. REPORT ON NUTRITION PROGRAM CONDUCTED BY AMALA COLLEGE OF NURSING

Introduction

The NSS Unit and the Community Health Nursing Department of Amala College of Nursing, in collaboration with Priyadarshini Anganwadi, Edakkalathur, organized a Nutrition Program on 14th August 2024. The event was part of an ongoing effort to promote healthy habits and improve community health through education and engagement.

Program Details

- **Date:** 14th August 2024
- **Time:** 2:00 PM to 4:00 PM
- **Venue:** Priyadarshini Anganwadi, Edakkalathur

Program Schedule:

1. **Prayer:** The program commenced with a prayer led by the NSS volunteers of Amala College of Nursing, setting a serene and respectful tone for the event.
2. **Welcome Address:** Ms. Johney K. Johnson, an NSS volunteer, warmly welcomed all attendees, including distinguished guests, faculty members, and community participants. Her address highlighted the importance of nutrition in maintaining good health and the program's relevance in educating the community.
3. **Inauguration:** The program was formally inaugurated by Sr. V.K. Reghunathan, the President of Tholur Grama Panchayat. In his inaugural address, Sr. Reghunathan emphasized the need for community involvement in health promotion activities and praised the efforts of Amala College of Nursing in organizing such impactful events.
4. **Felicitation:** Mrs. Vasantha, an Anganwadi teacher, delivered the felicitation speech. She expressed her gratitude to the nursing students and faculty for their dedication to improving community health and shared her insights on the nutritional needs of the local population.
5. **Health Exhibition and Nutrition Program:** The main event featured a health exhibition and an interactive nutrition program. The exhibition showcased various nutritious foods, health charts, and educational materials designed by the NSS volunteers. The program also included practical demonstrations on preparing balanced meals, discussions on the role of different nutrients, and tips on maintaining a healthy diet.
6. **Vote of Thanks:** The program concluded with a vote of thanks delivered by Ms. Syma P.S an NSS volunteer. She expressed her appreciation to all the dignitaries, participants, and organizing team members for their contributions to the success of the event.

The Nutrition Program conducted by Amala College of Nursing in collaboration with Priyadarshini Anganwadi was a resounding success. The event not only educated the community about the importance of nutrition but also fostered a collaborative spirit between the nursing students and the local population. The program received positive feedback from participants and served as a valuable learning experience for the students involved.




Amala

COLLEGE OF NURSING
ACCREDITED BY AACSB WITH A GRADE

AMALA COLLEGE OF NURSING

COMMUNITY HEALTH NURSING DEPARTMENT

IN COLLABORATION WITH

PRIYADARSHINI ANGANWAADI

ORGANIZES

NUTRITION PROGRAM




PROGRAM SCHEDULE

Prayer : 4th year BSc Nursing students

Welcome : Ms.Johnney k Johnson
(IVth year BSc Nursing student)

Inauguration: Sr.V.K Raghunathan
(President, Tholur Grama Panchayat)

Felicitation: Mrs. Vasantha
(Anganwadi teacher)

HEALTH EXHIBITION AND NUTRITION PROGRAM

Vote of thanks: Ms.Syma P S
(IVth year BSc Nursing student)

TIME: 2-4PM
DATE:
14/08/2024

VENUE:
PRIYADARSHINI
ANGANWAADI,
EDAKKALATHUR



4. Tribute to Healthcare Workers Who Have Been Brutally Murdered

Date: 19th August 2024

Organized by: NSS Unit, Amala College of Nursing

Participants: NSS Volunteers

On 19th August 2024, the NSS Unit of Amala College of Nursing organized a solemn event titled "Tribute to Healthcare Workers Who Have Been Brutally Murdered." The event was dedicated to honoring the memory and sacrifice of healthcare workers worldwide who have lost their lives in the line of duty under tragic and brutal circumstances.

NSS volunteers from the college actively participated in the event, reflecting their deep respect and admiration for the courage and dedication of these healthcare heroes. The tribute served as a powerful reminder of the risks that healthcare workers face daily, especially in conflict zones and during public health crises.

The event included a moment of silence, followed by reflections on the lives and contributions of the fallen healthcare workers. The volunteers also discussed the importance of protecting those who serve on the frontlines of healthcare and the need for global awareness and action to prevent such tragedies in the future.

The NSS Unit of Amala College of Nursing remains committed to honoring the legacy of these brave individuals and continues to advocate for the safety and well-being of healthcare workers everywhere.



5. World Mosquito Day Rally Report

Date: 20th August 2024

Organized by: NSS Unit, Amala College of Nursing

Venue: Amala Nagar

Participants: Over 100 participants from Amala Campus

On 20th August 2024, the NSS Unit of Amala College of Nursing organized a rally in observance of World Mosquito Day. This day is celebrated in memory of Sir Ronald Ross, the British doctor who, on August 20, 1897, discovered that the female *Anopheles* mosquito transmits malaria. His groundbreaking discovery established the crucial connection between mosquitoes and malaria, and he aptly named this day "Mosquito Day."

The rally, which took place around Amala Nagar, saw enthusiastic participation from over 100 members of the Amala campus community. The participants carried vibrant placards with messages aimed at raising awareness about the prevention of mosquito-borne diseases, particularly malaria.

The event served as an important reminder of the ongoing battle against malaria and other mosquito-borne illnesses. It also underscored the significance of public health education and community involvement in disease prevention.

The NSS Unit of Amala College of Nursing extends its gratitude to all the participants and supporters who made this event a success. Together, we continue to honor the legacy of Sir Ronald Ross and contribute to a healthier future.



6. NSS Initiative: Ripples of Hope

Sunday Saviours: Blood Donation Camp Report

Organized by: NSS Unit, Amala College of Nursing (ACON)

In association with: Blood Bank, Amala Institute of Medical Sciences, Thrissur

Date: 25/08/2024

Venue: St. Thomas Church, Palayoor

Saviours: Ms. Shelby and Ms. Arya (2022 Batch)

As part of the ongoing NSS initiative "Ripples of Hope," the NSS Unit of Amala College of Nursing, in collaboration with the Blood Bank of Amala Institute of Medical Sciences, organized a blood donation camp on 25/08/2024 at St. Thomas Church, Palayoor. This event aimed to contribute to the community by addressing the critical need for blood donations and to foster a spirit of service among the students.

The "Sunday Saviours" for this camp were Ms. Shelby and Ms. Arya from the 2022 batch, who took on the responsibility of managing the event. Their dedication and organizational skills were evident as they ensured a smooth and successful drive.

The camp saw a commendable turnout, with over 30 donors volunteering to donate blood. This overwhelming response is a testament to the commitment of the NSS volunteers and the community's willingness to support such noble causes.

The event highlighted the NSS motto, "NOT ME BUT YOU," emphasizing the importance of selflessness and the impact of collective efforts in making a difference in society. The contributions made during this camp will go a long way in saving lives and supporting those in need.

The NSS Unit of ACON extends heartfelt gratitude to all the donors, volunteers, and the Blood Bank team for their unwavering support and cooperation. Together, we continue to inspire and create ripples of hope in our community.



7. Report on Visit to Gagultha Retreat Center and Associated Orphanage for the Elderly and Disabled by NSS Volunteers

On 5th September 2024, a group of 50 NSS volunteers from the Amala College of Nursing, accompanied by two faculty members, visited the Gagultha Retreat Center and its associated orphanage for the elderly and disabled. The visit aimed to engage with the residents, offer support, and raise awareness among the volunteers about the challenges faced by the elderly and disabled.

Objectives:

- To provide emotional support to the residents of the orphanage.
- To create a sense of social responsibility and compassion among the NSS volunteers.
- To offer companionship and engage the residents in interactive activities.

Activities Conducted:

1. **Welcome Interaction:** The visit commenced with an introductory session where the volunteers interacted with the elderly and disabled residents. The interaction helped establish a connection and create a warm, friendly atmosphere.
2. **Cultural Program:** The volunteers organized a small cultural program that included songs, dance, and skits. The performances were well-received by the residents, bringing smiles and laughter to their faces.

3. **Group Discussions:** Volunteers engaged in one-on-one conversations with the elderly, listening to their stories, life experiences, and challenges. This exchange allowed the volunteers to develop empathy and understand these individuals' difficulties.
4. **Assistance and Care:** Volunteers provided assistance in everyday activities such as serving meals, helping with mobility, and spending time with those who required special attention.
5. **Distribution of Essential Items:** As part of the visit, the NSS unit donated essential items such as toiletries, medicines, and clothing to support the daily needs of the orphanage.
6. **Reflection Session:** The visit concluded with a reflection session where volunteers shared their thoughts on the experience. Many expressed how the visit opened their eyes to the struggles faced by marginalized communities and inspired them to contribute more to such causes.

The visit was a meaningful experience for the NSS volunteers and the orphanage residents. The elderly and disabled individuals were delighted to have visitors and felt valued and cared for. The volunteers gained insights into the importance of social responsibility and the need for compassion towards the less fortunate.

This visit also reinforced the commitment of the NSS unit to engage in more outreach activities, furthering their mission of 'Not Me, But You.'



8. Ripples of Hope NSS Initiative: Sunday Saviours Blood Donation Camp @ Nesto Edappal

The *Ripples of Hope* NSS unit, in collaboration with the Blood Bank of Amala Institute of Medical Sciences, successfully organized a **blood donation camp** on **17th September 2024** at **Nesto Edappal**. The camp was conducted as part of the ongoing *Sunday Saviours* initiative, which aims to promote regular blood donations to support those in need.

Sunday's Saviours Volunteers:

1. **Esther** - 2021 Batch
2. **Febina** - 2021 Batch

The camp witnessed a remarkable turnout, with **over 60 donors** contributing to this noble cause, ensuring a steady supply of life-saving blood to those in critical need.

Venue:

Nesto Edappal, Edappal, Kerala

This event is yet another example of the continued dedication of the *Ripples of Hope* team in fostering community involvement and making a difference in healthcare. The participation of the public and the efforts of the volunteers greatly contributed to the camp's success.





JUBILEE MISSION COLLEGE OF NURSING, THRISSUR

| SI NO | DATE | NAME OF ACTIVITY CONDUCTED | NO OF PARTICIPANTS | TOTAL HOURS SPEND | ACHIEVEMENT BY THE PROGRAM INCLUDING BENEFICIARIES |
|-------|--------------------------|--|--------------------|-------------------|--|
| 1. | 20.08. 2024- 31.08. 2024 | FAMILY CARE INCLUDING PALLIATIVE CARE SERVICES | 25 | 1HR | Social responsibility Health & Wealth of the persons in our adopted village |
| 2. | 02.09. 2024 | HEALTH AWARENESS CLASS | 2 | 30mts | Social responsibility, communication skill |
| 3. | 01.08. 2024 | NURSE LED CLINIC | 12 | 3hrs | Social responsibility, decision making and communication skill |

| | | | | | |
|----|----------------|------------------------------------|-----|-----|--|
| 4. | 05.09. 2024 | TEACHERS DAY | 260 | 2hr | Social responsibility, decision making and communication skill |
| 5. | 07.09. 2024 | NUTRITION MONTH PROGRAM | 50 | 1hr | Social responsibility, decision making and communication skill Get more knowledge on underfive food choices Focusing on the health benefits of future generation |
| 6. | 10.09. 2024 | WORLD SUICIDE PREVENTION DAY | 25 | 1hr | Social responsibility, decision making and communication skill Making awareness to public |

FAMILY CARE INCLUDING PALLIATIVE CARE SERVICES

Conducted home visits in our adopted village from 20.08.2024-31.08.2024 NSS volunteers were visited the houses. They provided various health care services like BP monitoring, urine sugar analysis and awareness classes and health assessment of all family members.

HEALTH AWARENESS CLASS

Awareness class regarding non communicable diseases conducted on 02.09.2024. Health education session was conducted at adopted village

NURSE LED CLINIC

The NSS unit and Community Health Nursing department of Jubilee Mission College of nursing conjoint with vincent de paul society , St Mary's church madona Nagar, organized nurse led clinic on 01/09/24. The clinic was conducted at Auditorium of St Mary's church. Madona Nager. The program started at 7.45 am immediately after the holy mass. The token were provided by Mr.Paul, Vincent de paul society President. The public were seated in the chairs in the order of token number . Awareness classes were taken by NSS volunteer on the topic leptospirosis. Following that nurse lead clinic was started. 5 stations were arranged for registration Checking Blood pressure ,assessing blood sugar and BMI calculation and the last station was reference station, only if needed, to UPHC,Kachery .and also to check whether the referred patients go for consultation and follow up the care. Refreshment were arranged for the public and NSS volunteers. The programm were ended at 9.30.am

TEACHER'S DAY

NSS volunteers of jubilee unit together arrange a teacher's day function. The program was started at 03.00pm. various entertainment activities were arranged by the NSS volunteers. They gave a small gift for teachers along with sweets. The program ended by 05.00pm

NUTRITION MONTH PROGRAM

As a part of poshan month JMMC &RI coordinated a program named poshakavesham. For this program our NSS volunteers were participated. They were prepared various food items for underfive child. Actually it was an interesting activity to them.

WORLD SUICIDE PREVENTION DAY

On the context of world Suicide Prevention day a painting Competition was conducted by the department of Psychiatry JMMC &RI. our NSS volunteers were participated in the painting competition. Won the 1st and 3rd prizes.


PHOTOS OF THE NSS ACTIVITIES

| DATE | NAME OF ACTIVITY CONDUCTED | PHOTOS |
|---------------------------|--|--|
| 20.08.2024- 31.08.2024 | FAMILY CARE INCLUDING PALLIATIVE CARE SERVICES |   |
| 02.09.2024 | HEALTH AWARENESS CLASS |  |

01.08.2024

NURSE LED CLINIC



| | | |
|------------|----------------------------|---|
| 05.09.2024 | TEACHERS DAY |  <div data-bbox="614 660 782 817">  <p>Google</p> </div> <div data-bbox="805 660 1418 817"> <p>Thrissur, Kerala, India Kachery, on the way to Nadathara, Jubilee Street, Lourd Nagar, Kuttanellur, Thrissu Kerala 680006, India Lat 10.510068° Long 76.247717° 05/09/24 03:55 PM GMT +05:30</p> </div> |
| 07.09.2024 | NUTRITION MONTH PROGRAM |  <div data-bbox="614 1769 782 1937">  <p>Google</p> </div> <div data-bbox="805 1769 1418 1937"> <p>Thrissur, Kerala, India G6CG+4H9, Fathima Nagar, Mahatma Nagar, Nellikunnu, Thrissur, Kerala 680006, India Lat 10.520243° Long 76.2264° 07/09/24 09:47 AM GMT +05:30</p> </div> |

| | | |
|------------|---------------------------------|--|
| 10.09.2024 | WORLD SUICIDE PREVENTION DAY |  <p>Thrissur, Kerala, India Jubilee Mission Medical College & Research Institute Nellikunnu, Thrissur, Kerala 680006, India Lat 10.519705° Long 76.22846° 10/09/24 11:31 AM GMT +05:30</p> |
|------------|---------------------------------|--|

TRAVANCORE COLLEGE OF NURSING, KOLLAM

| Sl.No | Date | NSS Activity conducted | No. of volunteers participated | Total hours | Achievements |
|-------|------------|-----------------------------|--------------------------------|-------------|--|
| 1. | 15-08-2024 | Nasha Mukta Bharat Abhiyaan | 49 | 1 | Addressing the pledge focusing towards the importance of Nasha Mukta Bharat Abhiyaan |

| | | | | | |
|----|--------------------------|--|-------------------------|----|--|
| 2. | 24-08-2024 | Mega Medical Camp | 7 and other departments | 5 | Focusing towards the importance of early identification of diseases and importance of blood donation |
| 3. | 10-09-2024 to 11-09-2024 | Rashtriya Poshan Maah (National Nutrition Month) | 70 | 10 | Addressing the importance of nutrition for vulnerable groups |

Brief report on NSS activities and Photographs

INDEPENDENCE DAY AND NASHA MUKT BHARAT ABHIYAAN

As part of observance on Independence Day, NSS volunteers of Travancore College of Nursing, has undertaken a pledge on behalf of Nasha Mukht Bharat Abhiyaan promising as Say No to Drugs followed by Flag hosting on Independence Day and performed a tribute to our nation by our NSS volunteers and participated in Quiz competition organized by Travancore Medical College. Different activities were conducted with the collaboration of Travancore Medical college, Travancore Dental College and Travancore College of Nursing.



MEGA MEDICAL CAMP AND BLOOD DONATION CAMP

A mega medical camp and blood donation camp was organized by the collaboration of Travancore Medical College and NSS unit of Travancore College of Nursing on 24 August 2024 from 9am to 1pm at Sangamam Arts and Sports Club, Nedumpana , Kollam. A number of faculty members from different areas were deputed in this camp like general medicine, OBG, Orthopedics, Dental, Travancore College of Nursing and Blood bank technicians. Final year NSS volunteers of Travancore College of Nursing were actively participated for the mega medical camp, it was useful for the public ,around 60 number of people were attended the medical camp and 12 number of people were actively

participated for blood donation camp. Mega medical camp and blood donation camp was successfully completed.





സംഗമം ആർട്ട്സ് & സ്പോർട്സ് ക്ലബ്ബ് ലൈബ്രറി & റീഡിംഗ് റൂം

Reg. No. കൂ 1604/90, 02 KLM 6273, 02 KLM 13123 ത്രിവേണി ജംഗ്ഷൻ, നെടുമ്പന

മെഗാ മെഡിക്കൽ ക്യാമ്പ് & രക്തദാന ക്യാമ്പ്

2024 ആഗസ്റ്റ് 24 ശനിയാഴ്ച രാവിലെ 9.00 മണി മുതൽ 1.00 മണി വരെ

മാന്യരെ,

സംഗമം ഗ്രന്ഥശാലയുടെയും ട്രാവൻകൂർ മെഡിക്കൽ കോളേജിന്റെയും (മെഡിസിറ്റി), ട്രാവൻകൂർ നഴ്സിംഗ് കോളേജ് എൻ.എസ്.എസ്. യൂണിറ്റിന്റെയും സംയുക്താഭിമുഖ്യത്തിൽ മെഗാമെഡിക്കൽ ക്യാമ്പും രക്തദാന ക്യാമ്പും 2024 ആഗസ്റ്റ് 24 ശനിയാഴ്ച രാവിലെ 9.00 മണി മുതൽ ഉച്ചയ്ക്ക് 1.00 മണി വരെ സംഘടിപ്പിച്ചിരിക്കുന്നു. വിദഗ്ദ്ധ വോക്ടർമാർ പങ്കെടുക്കുന്ന ഈ ക്യാമ്പിലേക്ക് താങ്കളുടെ സാന്നിധ്യവും സംഗതനും സ്വാഗതം ചെയ്യുന്നു.

എന്ന്
ലൈബ്രറിയ്ക്ക് വേണ്ടി,

ശ്രീ. ബിനു എൻ.
(സെക്രട്ടറി)

കാര്യപരിപാടികൾ

2024 ആഗസ്റ്റ് 24 ശനിയാഴ്ച രാവിലെ 9.00 മണിക്ക്

** ഉദ്ഘാടനസമ്മേളനം **

| | |
|---------------------|---|
| സ്വാഗതം : | ശ്രീ. സിജിത്ത് വി.എസ്. (ഗ്രന്ഥശാലാഭരണസമിതി അംഗം) |
| അദ്ധ്യക്ഷൻ : | അഡ്വ. വി. ജിനേഷ് (പ്രസിഡന്റ്, ലൈബ്രറി) |
| ക്യാമ്പ് ഉദ്ഘാടനം : | ശ്രീ. കെ. ബി. മുരളികൃഷ്ണൻ (പ്രസിഡന്റ്, കൊല്ലം ജില്ലാ ലൈബ്രറി കൗൺസിൽ) |
| ആശംസ : | ശ്രീമതി. ഗൗരിപ്രിയ ജെ. എസ്. (21-ാം വാർഡ് മെമ്പർ, നെടുമ്പന ഗ്രാമപഞ്ചായത്ത്) |
| നന്ദി : | ശ്രീ. ബിനു എൻ. (സെക്രട്ടറി, ലൈബ്രറി) |

ക്യാമ്പിൽ ലഭിക്കുന്ന സേവനങ്ങൾ

ജനറൽ മെഡിസിൻ, ഓർത്തോപീഡിക്സ്, ഗൈനക്കോളജി,
പെ്താൽമോളജി (നേത്ര രോഗങ്ങൾ), ദന്തരോഗവിഭാഗം

കൂടുതൽ വിവരങ്ങൾക്ക് : 9645668047, 9846869630, 9207824981

d4designs # 92078 24981

RASTRIYA POSHAN MAAH

As a part of observance of Rastriya Poshan Maah, NSS volunteers of 2nd Semester of Travancore College of Nursing has organized a nutrition fest focusing towards the importance of nutritious diet for different vulnerable groups like pregnant and lactating mothers, pre schoolers etc. They prepared different nutritious dishes rich in protein, calcium , vitamins etc and explained the importance of menu plan foods for the health of the vulnerable members, the programme was conducted for two days by the 70 number of volunteers. The programme was successful.



| MENU FOR GERIATRIC GROUP | | |
|--------------------------|----------------------|------------|
| MEAL | MENU | QUANTITY |
| EARLY MORNING | CINNAMON WATER | 1 GLASS |
| MORNING | IDLI | 3 nos. |
| | SAMBAR | 1 BOWL |
| | WHITE CHUTNEY | 100g |
| | DATES | 4 Nos. |
| | GINGER COFFEE | 1 CUP |
| MID MORNING | TENDER COCONUT WATER | 1 GLASS |
| | CUT FRUITS | 2 SERVINGS |
| LUNCH | PORRIDGE | 1 CUP |
| | MUNG BEAN | 150g |
| | VEGETABLE THORAN | 100g |
| | CHUTNEY | 100g |
| EVENING | RAGI PORRIDGE | 1 CUP |
| DINNER | CHAPATI | 2 Nos. |
| | OMELETTE | 1 No. |
| | SALAD | ½ CUP |



**DR.JOSEPH MAR THOMA INSTITUTE OF PHARMACEUTICAL
SCIENCES & RESEARCH, KATTANAM**

| Sl. No. | Date | Name of the activity conducted | No.of participants | Total Hours spend | Achievement by the program including Beneficiaries |
|---------|------------|--------------------------------|--------------------|-------------------|---|
| 1 | 15-08-2024 | independence day | 420 | 3hr | to know the government 's commitment to transform India |

ACTIVITY- Independence day

The management of St. Thomas mission hospital and Dr Joseph Mar Thoma Institute of Pharmacy organized 78th independence day program on 15th august 2024 with theme “developed India” the vision of a developed nation by 2047 and reflects the government 's commitment to transform India . The inaugural program began with flag hoist by Rev Jacob George C, Administrator, Dr. Joseph Mar Thoma Pharmacy College. All the students and staff in the institutions participate in this program and gathering here. The program was finally concluded by National anthem.



DR.MOOPEN’S NURSING COLLEGE, MEPPADY

Overview

This report highlights the key activities conducted by the National Service Scheme (NSS) over the past month, focusing on our community outreach initiatives. We successfully organized a Breastfeeding Awareness Program in our adopted village, which aimed to educate mothers and caregivers about the importance of breastfeeding for infant health. Additionally, we celebrated Teacher's Day, honouring the vital role of educators in shaping future generations. Lastly, we engaged in paddy cultivation activities (njarunadal utsavam), promoting sustainable agricultural practices and enhancing food security in the community. This report outlines the objectives, implementation, and impact of these initiatives

Summary of Programmes

| Date | Programme Name | Number of Participants | Duration | Achievements |
|------------|---|------------------------|----------|---|
| 21/08/2024 | Breast feeding awareness programme and health camp at adopted village- Kadachikunnu tribal colony | 50 | 5 hours | Awareness program on breastfeeding, public education, and support in closing the breastfeeding gap |
| 05/09/2024 | Teacher's day programme- Dr.Radhakrishnan memorial endowment speech. Topic is "teachers and students in the new millennium. | 310 | 3hrs | Encouragement to reflect on the messages shared and to actively engage in fostering a positive educational environment. |
| 11/09/2024 | Paddy Cultivation Programme- Njarunadal | 100 | 6 hours | Paddy cultivation, transplanting paddy seedling -Njaru nadal. |

Detailed Report of Activities

1.Breastfeeding Awareness Programme

Date: August 21, 2024

Location: Kadachikunnu Tribal Colony

Organized by: NSS Unit, Dr. Moopen's Nursing College

Summary

On August 21, 2024, the NSS volunteers of Dr. Moopen's Nursing College conducted a Breastfeeding Awareness Programme at the Kadachikunnu Tribal Colony. This initiative is part of ongoing efforts to promote health and wellness in tribal communities, focusing on the vital role of breastfeeding for both mothers and infants.

Objectives

- To raise awareness about the benefits of breastfeeding.
- To provide practical information and support to new mothers.
- To foster a community dialogue around maternal and child health.

Activities Conducted

- 1. Informative Sessions:**
 - Conducted interactive talks on the nutritional benefits of breastfeeding, covering both short-term and long-term advantages for mothers and infants.
- 2. Demonstrations:**
 - Demonstrated proper breastfeeding techniques, addressing common challenges faced by new mothers.
- 3. Distribution of Educational Materials:**
 - Provided pamphlets and brochures containing key information about breastfeeding practices and resources available for mothers.
- 4. Community Engagement:**
 - Encouraged open discussions, allowing mothers to share their experiences and concerns regarding breastfeeding.

Impact

The programme was well-received by the community, with active participation from local mothers and families. Feedback indicated that participants found the information valuable and expressed a desire for continued support and education on maternal and child health.



2. Teacher's Day Programme

Date: September 5, 2024

Venue: Nursing College Auditorium

Occasion: Dr. Radhakrishnan Memorial Endowment Speech

Theme: Teachers and Students in the New Millennium

Welcome Speech

Speaker: Mr. Justin Basil Varghese (Student Representative)

- A warm welcome to all attendees: teachers, students, and guests.
- Brief introduction to the significance of Teacher's Day and Dr. Radhakrishnan's contributions to education.
- Overview of the programme's theme and its relevance in today's context

Teacher's Day Messages

Speakers:

- **Prof. Dr. Lida Antony (Principal)**
 - Acknowledgment of the dedication and impact of teachers.

- Reflection on the evolving role of educators in shaping future generations.
- Encouragement for students to appreciate and engage with their teachers.
- **Prof. Ramudevi C (Vice Principal)**
 - Insights on the partnership between teachers and students in the learning process.
 - Emphasis on the importance of mutual respect and collaboration.
 - Encouragement to foster a supportive learning environment

Keynote Address

Speaker: Manoj K V (Former Research Officer, SCERT Kerala)

- **Topic:** Teachers and Students in the New Millennium
 - The changing landscape of education in the digital age.
 - The role of technology in enhancing teaching and learning.
 - Strategies for effective teacher-student engagement in the modern era.
 - The importance of adaptability and continuous learning for both teachers and students.
 - Inspiring examples of successful teacher-student collaborations.

Conclusion

- A summary of key points from the keynote address.
- Acknowledgment of the efforts of NSS and SNA in organizing the event.
- Invitation for students and faculty to engage in a dialogue on enhancing the teacher-student relationship.

Closing Remarks

- Thanking all participants and speakers for their valuable contributions.
- Encouragement to reflect on the messages shared and to actively engage in fostering a positive educational environment.



3.Report on Paddy Cultivation Program

Date: September 11, 2024

Location: Maniyankode, Kalpetta

Organizers: NSS Unit of Dr. Moopen's Nursing College and OISCA International Kalpetta Chapter

Introduction

On September 11, 2024, the NSS unit of Dr. Moopen's Nursing College, in collaboration with the OISCA International Kalpetta chapter, conducted a paddy cultivation program at Maniyankode, Kalpetta. This initiative aimed to promote traditional farming practices while engaging students and community members in agricultural activities.

Activities

The event began with a brief introduction by NSS Programme Officer Vineetha K, who emphasized the importance of sustainable agriculture and the preservation of traditional farming methods.

Transplantation of Paddy Seedlings:

- The transplantation of paddy seedlings was carried out using traditional techniques, showcasing the cultural significance of agriculture in the region.
- NSS volunteers and OISCA members actively participated, demonstrating teamwork and commitment to the cause.

Cultural Engagement:

- The event featured performances by traditional singers, which enhanced the atmosphere and connected participants to the rich cultural heritage of the area.

Participants

- NSS volunteers from Dr. Moopen's Nursing College
- OISCA International members
- Faculty members, including Assistant Professor Treety George
- Local community members

Outcomes

- Enhanced awareness of traditional agricultural practices among participants.
- Strengthened community ties through collaborative efforts in paddy cultivation.
- Fostered a sense of responsibility towards sustainable farming within the youth.

Conclusion

The paddy cultivation program was a significant success, reflecting the dedication of the NSS unit and OISCA International. By merging agricultural practices with cultural elements, the event not only contributed to local farming but also reinforced the importance of community engagement in preserving traditional knowledge. Future initiatives are encouraged to build on this foundation, promoting sustainable practices and community involvement in agriculture.



ഓയിസ്ക ഇന്റർനാഷണൽ കൽപ്പറ്റ ചാപ്റ്ററും ഡോ. മുപ്പൻസ് നഴ്സിങ് കോളജും ചേർന്നു കോക്കുഴിയിൽ നടത്തിയ ഞാറു നടീൽ.

ഞാറു നടീൽ നടത്തി

കൽപ്പറ്റ • കൃഷിയെ യുവതലമുറയ്ക്കും സമൂഹത്തിന്റെ വിവിധ തുറകളിൽ പ്രവർത്തിക്കുന്നവർക്കും പരിചയപ്പെടുത്തുക എന്ന ലക്ഷ്യത്തോടെ ഓയിസ്ക ഇന്റർനാഷണൽ കൽപ്പറ്റ ചാപ്റ്ററും ഡോ. മുപ്പൻസ് നഴ്സിങ് കോളജും ചേർന്നു നടത്തുന്ന നെൽക്കൃഷിയുടെ ഞാറു നടീൽ നടത്തി. കോക്കുഴി വയലിലാണു കൃഷി ഇറക്കിയത്.

അഞ്ചാം തവണയാണു കൽപ്പറ്റ ചാപ്റ്റർ നെൽക്കൃഷി നടത്തുന്നത്. ചാപ്റ്റർ അംഗങ്ങളും നഴ്സിങ് കോളജ് വിദ്യാർഥികളും

ഈ അധ്യാപകരും ഞാറു നടീലിൽ പങ്കെടുത്തു. ജില്ലാ പ്രിൻസിപ്പൽ കൃഷി ഓഫീസർ രാജീവ് ഗിസ് ഉദ്ഘാടനം ചെയ്തു. കാത്തിരി അബ്ദുറഹ്മാൻ അധ്യക്ഷത വഹിച്ചു.

ചടങ്ങിൽ ജില്ലയിലെ മികച്ച യുവകർഷകരായ ബിനിഷ് അമ്പലവയലിനെയും പി.കെ.അബ്ദുൽ റഷീദിനെയും അനുമോദിച്ചു. ഓയിസ്ക ചാപ്റ്റർ സെക്രട്ടറി എൽദോ ഫിലിപ്പ്, ലൗലി അഗസ്റ്റിൻ, സി.കെ.സിറാജുദ്ദീൻ, വിനീത.കെ.നായർ എന്നിവർ പ്രസംഗിച്ചു.



INSTITUTE OF NURSING SCIENCES & RESEARCH, **MALABAR CANCER CENTRE**

| Sl. No. | Date | Activity conducted (Name of the Activity) | No. of Volunteers Participants | No. of Hours performed | Achievement to the beneficiaries by the programmes |
|---------|----------|---|--------------------------------|------------------------|--|
| 1 | 09/09/24 | First Aid Day Celebration | 2 | 30 mts | Organised a BLS training programme to the public |

WORLD FIRST AID DAY CELEBRATION

This year World First Aid Day is celebrated on September 14, 2024. The theme for World First Aid Day 2024 will be “First Aid and Sports.” During this time, organizations are encouraged to highlight the role of first aid in ensuring productive and enjoyable sporting events for all, from athletes to spectators and other stakeholders. As a part of it NSS volunteers of INSeR (Ms Sivani, Ms Irine IVth Semester BSc Nursing) organized a BLS training programme to the patients and bystanders of GH hospital Thalassery on 09 September 2024. So observance World First Aid Day encourages everyone to learn and practice first aid techniques, which can be crucial in saving lives during accidents and medical emergencies.



SANTHI COLLEGE OF NURSING, CALICUT

| Sl. No. | Date | Activity conducted (Name of the Activity) | No. of Volunteers Participants | No. of Hours performed | Achievement to the beneficiaries by the programmes |
|---------|-------------------------|---|--------------------------------|------------------------|--|
| 1 | 1/9/24 | Class on lifestyle & Communicable disease | 50 | 2hrs | For Santhi college NSS volunteers' class on Life style & Communicable disease by KSAC counsellors. |
| 2 | 12/9/24 & 13/9/24 | Orumichonam | 30 | 4hrs | NSS volunteers distributed "ONAM Kit" for needed people in the Omassery Grama Panchayath. |
| 3 | 13/9/24 | Lucky Draw Coupon distribution | 100 | 2hrs | Mr.Midhun Mathew NSS P.O distributed lucky draw coupon for supporting Wayand relief. |

1. Class on life style and communicable disease

On 1/9/24 at 2 to 4pm in V sem class room Mr. Baiju KSAC Counsellor & Mr. Sasi senior treatment supervisor has dealt sessions on life style (AIDS) and Communicable diseases. It's method of transmission, as health care workers how its can accidently occurred. Preventive measures and their treatment. Participants clarified their doubts and its was a nice interactive session.



2. ORUMICHONAM

Santhi College of Nursing NSS Volunteers distributed “Onam kit” (including 8 items with rice) for needy people (economically back and old age). Dr. Sheeja Mathew (Principal SCON) inaugurated the function on 12/9/24 by distributing kit to those who gathered there. On 13/9/24 distributed remaining kit to others also.



3.Lucky Draw Coupon distribution

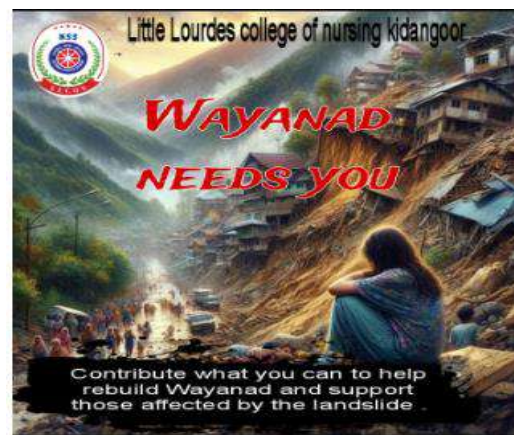
Mr. Midhun Mathew NSS P.O distributed lucky draw coupon for supporting Wayand relief to all. Rs.20 for one coupon and 15 leaves contain in one book to all. Collect the fund during Onam Vacation and return the counter foil and cash on 23/9/24 to the P.O



LITTLE LOURDES COLLEGE OF NURSING, KIDANGOOR

| Sl No | Date | Activity conducted | No of participants | No of hours | Achievement by the programme including beneficiaries. |
|-------|--------|---------------------------------|--------------------|-------------|--|
| 1. | 2/9/24 | “Save Wayanaadu” | 79 | 5 | Contributions collected from the faculty and students. The collected amount.Rs.6930/- is handed over to the Principal Sr.Dr.Joseena. SVM and transferred to the NSS Coordinator ,SBI,KUHS branch,A/C No.37939700901. |
| 2 | 9/9/24 | Food Safety Awareness Programme | 40 | 8 | 2 nd Semester NSS volunteers conducted a nutritional programme based on safe handling of food and importance of taking nutritious foods. Demonstration and awareness class was presented. |

Contributions to” Save Wayanaadu”



Handing over the amount to the Principal



Food Safety Programme



Nutritional Programme



Dr. SOMERVELL MEMORIAL CSI MEDICAL COLLEGE,
KARAKONAM

| Sl. No. | Date | Name of activity conducted | No. Of participants | Total hours spend | Achievement by the program including beneficiaries |
|---------|------------|--------------------------------------|---------------------|-------------------|---|
| 1. | 07.09.2024 | Visit to Karuna Bhavan, Plampazhinji | 20 | 2.5 hours | Was able to observe, interact and gain insights into the care and rehabilitation provided for mentally ill women. |

Brief report

Visit to Karuna Bhavan, Plampazhinji on 07.09.2024

The NSS unit of our college along with IMA Karakonam branch organised a visit to Karuna Bhavan, a rehabilitation centre for mentally ill women, at Plampazhinji on 07.09.2024. The visit was organised to understand the challenges faced by women with mental illness, the treatment approaches adopted and the effectiveness of rehabilitation programs. It also aimed to bring the joy of Onam to the residents of the centre, promoting a sense of care.

The interaction with the staff revealed a dedicated team of 5 sisters including sister Darsana as the head, committed to improving the mental health and well being of the women. There were a total of 29 inmates. They expressed mixed emotions- some were hopeful about their recovery , while others expressed concerns about social stigma and reintegration into society

Medical check-up was conducted for the inmates by Dr. Sneha, Psychiatrist of our college. Essential medicines and needful things were also distributed to the residents.

A mini celebration including making pookalam and cultural events with songs and dance were also performed by the NSS volunteers along with the inmates.

The visit provided valuable insights into the operations of a rehabilitation centre for mentally ill women. While the centre offers essential services such as therapy, skill building and medical care, challenges such as stigma and family rejection remain significant barriers. The experience underscored the importance of mental health awareness, community support and resource mobilisation for the well being of these women.



POYANIL COLLEGE OF NURSING, KOZHENCHERRY

| SL No | Date of program conducted | Name of the program | Number of volunteers participated | Time | Achievements |
|-------|---------------------------|---------------------|-----------------------------------|---------------|---|
| 1 | 11/09/2024 | Tribal Visit | 20 Students and 3 Teachers | 8.00am-2.00pm | NSS Unit of Poyanil College of Nursing went to a tribal visit in Manjathode, Laha on 11/09/2024 a tribal area located near to the Sabarimala route. After getting the permission from the forest head be visited the tribal area. On reaching the forest station we met the head of department 'Moopen'. Large number of people gathered there. There were 56 tribal families. We visited every houses and provide Onam Kit include cereals. Pulses, spices, oil and clothes. We also provide school stationary equipments such as pencil, pouch, scale and eraser and some sweets to the tribal children. On |

| | | | | | |
|--|--|--|--|--|---|
| | | | | | providing these items the Moopen expressed his gratitude. |
|--|--|--|--|--|---|

PUSHPAGIRI COLLEGE OF PHARMACY, TIRUVALLA

| Sl. No. | Date | Name of the activity conducted | No. of participants | Total Hours spend | Achievement by the program including Beneficiaries |
|----------------|-------------|---------------------------------------|----------------------------|--------------------------|---|
| 1 | 17/08/2024 | Anti-ragging Day | 100 | 2hrs | Awareness Programme |
| 2 | 05/09/2024 | Teacher's day celebration | 200 | 2 hrs | Social programme |
| 3 | 13/09/2024 | Wayanad relief collection | 100 | 1 hr | Social activity |

Brief Description of the activity with photographs if any: -

1. ANTI-RAGGING DAY

The Department of Pharmaceutics in association with the NSS unit and IQAC organized Anti-Ragging Day on 17 th August 2024 at 3 pm in College Auditorium. Third Year Pharm D students performed skit and Anti-Ragging oath was taken by all the students to make the campus a Ragging Free campus. As a part of this, several competitions such as essay writing and slogan writing were also conducted on the theme 'Say No to Ragging'. The first, second and third prize for the slogan writing competitions were secured by Anshika Mishra(6th semester B Pharm), Gautham Rejikumar (2nd semester B Pharm and Sneha Ann Sam (4th semester B Pharm) respectively. The first, second and third prize for essay writing competition were secured by Nazreen Fathima (2nd sem B Pharm), Noel John (4th

sem B Pharm) and Aleesha Mariyam Roy (6th sem B Pharm). Ragging is a serious issue that can have long lasting effects on students. Its crucial for educational institutions, students and society to work together to eliminate this harmful practice. Together these activities create a culture of respect, kindness and solidarity.



2. Teacher's Day Celebration

Pushpagiri College of Pharmacy in association with NSS Unit and Alokha Student's union conducted Teacher's day celebration on 5th September 2024. The function commenced with a prayer song by the college choir followed by welcome speech by the student volunteer and Vice-Chairperson of Alokha student's union. The function was presided by Rev Fr. Aby Vadakkumthala, Director, Pushpagiri group of institutions. The students shared the thought of the teacher's day which was momentous. The student volunteers presented a bouquet & gift as a token of their love and gratitude. Prof. Dr Santhosh .M. Mathews, Principal of the institution gave the reply speech for organizing and conducting the day as a memorable one.



3. Relief Fund collection for Wayanad

As per circular from state NSS Office and university NSS cell, for the regeneration of Wayanad, it was planned to collect amount from various NSS units by conducting programmes for construction of 150 houses. As a part of the project the students volunteers of Pushpagiri College of Pharmacy collected an amount of Rs 10,000/- by managing lucky draw coupons as a part of their celebration.

K M C T AYURVEDA MEDICAL COLLEGE



AYUSH conducted Geriatric Health Camp.

Koodaranji Gram Panchayat IN ASSOCIATION WITH and Govt. AYUSH dispensary Koodaranji Grama Panchayath and NSS Unit KMCT Ayurveda medical college conducted Geriatric Health on 10/09/2024 at community hall , Koodaranji.Panchayath President Adarsh Joseph inaugurated the medical camp NSS Volunteers from K M C T Ayurveda Medical College Participated the event.

Sd/-

Dean(Student Affairs) & NSS Programme Coordinator