

## FACULTY OF NURSING

### APPROVED DISSERTATION TOPICS 2011-12

#### I. Child Health Nursing

SL NO	TOPIC
1	A study to assess the effectiveness of selected play activities in reducing anxiety among Hospitalized children
2	A study to assess the effectiveness of structured teaching program on knowledge regarding the integrated management of Neonatal and childhood illness among the staff nurses in selected Hospitals at Malappuram District
3	Effectiveness of play therapy on anxiety and pain among children undergoing intra venous cannulation
4	A comparative study to evaluate the effectiveness of oral glucose and local anaesthetic cream on pain during venu puncture in neonates in a selected hospital at Kollam
5	Effectiveness of bibiotherapy on stress among Hospitalised children
6	Effectiveness of intermittent saline flush on patency of peripheral venous catheter among Hospitalised children
7	A study to assess the effectiveness of structured teaching programme on adverse effects of substance abuse among adolescent boys studying in a selected School at Kannur
8	A study to assess the effectiveness of planned teaching programme on prevention of obesity among adolescents studying in a selected school at Kannur
9	A study to assess the effectiveness of oral glucose administration on reduction of pain response among infants during venepuncture in a selected Hospital at Kannur
10	A study to assess the effectiveness of distraction technique in reduction of pain among children undergoing venepuncture in a selected Hospital at Kannur
11	A comparative study to assess the emotional problems among children of employed and unemployed mothers studying in selected primary school at Kannur
12	Evaluate the effect of an infant assessment guide on the knowledge of the mother regarding growth and development of infants
13	Evaluate the effect of structured teaching programme regarding learning child abuse on knowledge of teachers
14	Evaluate the effect of structured teaching programme regarding learning disabilities of children of knowledge of teacher
15	Effect of late cord clamping on Physiological outcome of neonates
16	Comparative study on prevalence of overweight among adolescents of 10-15 years in urban and rural areas of Alappuzha.
17	Effect of planned teaching prograllffie regarding menstrual hygiene among adolescent girls in selected schools of Alappuzha.
18	Assess the effect of relaxation therapy on stress among adolescents.

19	Effect of Coccut oil massage on changes in weight and behavioral response of low birth weight babies.
20	Comparative study to assess the effect of balloon therapy versus incentive spirometry on respiratory status of children with wheeze.
21	Problems related to peripheral venous access among children of age 3-12 years in the Pediatric Medical wards of SAT Hospital, Thiruvananthapuram
22	Identification of problems of children with Hypothyroidism
23	Effectiveness of swaddling on pain among Preterm neonates during Venipuncture
24	Effect of breathing exercises as play way methods on respiratory parameters among children with lower respiratory tract diseases
25	Parenting among mothers of mentally retarded children
26	Clinical and epidemiological profile of measles in children
27	Factors contributing to the development of Urinary in children below 16 years
28	Effectiveness of selected teaching strategies in improving the knowledge, attitude and practice regarding Paediatric CPR among 11 year B.Sc Nursing students
29	Impact of awareness programme on knowledge regarding child abuse among school children
30	Effect of educational intervention package on knowledge and practice of mothers regarding home care of children with nephrotic syndrome
31	Effect of Buteyko breathing technique on respiratory parameters and quality of life of 5 to 12 years old children with Asthma
32	Effect of lateral position on physiological parameters and comfort of infants below six months of age with lower respiratory tract infections
33	Effect of cling film as a heat shield in baby outcome among low birth weight babies admitted in newborn ICU in New Medical College Hospital, Thrissur
34	Effect of warm water bath vs tepid sponge in reducing emperature, heart rate and respiratory rate in under 3 children with pyrexia
35	Effect of structured instructional module regarding oral hygiene on knowledge, attitude and practice of mothers of children in the age group 1 - 4 years
36	Effect of body massage on pathological Jaundice among term neonates
37	Effect of structured teaching programme on knowledge, attitude and practice among staff nurses regarding the use of physical restraints in hospitalised children
38	Effect of selected positions on physiological parameters of neonates with respiratory distress
39	Effect of "Cough Trick" and blowing method in reducing intensity of pain during intra muscular injection among children 4 - 10 years of age
40	Effect of SIM regarding HIV/AIDS on knowledge among high school children
41	A study to assess the knowledge on Child Abuse, personal experiences of Abuse and its impact on life among children in a selected School, Kothamangalam
42	A study to assess the knowledge and practice of staff nurses to prevent and control Neonatal Nosocomial infections in maternal and Neonatal units of

	selected Hospitals at Ernakulam District, Kerala
43	A study of evaluate the effectiveness of self booklet on knowledge and attitude of school children regarding obesity and its prevention in selected School, Kothamangalam
44	A study to assess the knowledge and technique of intravenous therapy in relation to intravenous Infiltration among staff nurses in Paediatric unit of selected Hospitals at Ernakulam District, Kerala
45	A study to assess the knowledge and pattern of immunization among Mothers of Children aged five and reasons for defaulting in Two selected communities, Ernakulam District, Kerala
46	Risk factors of anorexia and its impact on nutritional status among under five children
47	Effectiveness of scheduled chest physiotherapy on respiratory outcome in children with acute respiratory tract infection
48	Psychosocial problems and coping strategies of parents of autistic children
49	Assess the level of knowledge of mothers of under five children on the prevention of Dental caries and to find out the effectiveness of an instructional module
50	Prevalence and factors influencing behavioural problems among adolescent boys
51	Effectiveness of an instructional module on knowledge about personal hygiene among adolescent girls residing in orphanage
52	Effectiveness of a nurse assisted teaching programme to improve the knowledge of mothers regarding home management of acute respiratory infection in under five children
53	Comparative study to assess the prevalence and risk factors of hypertension among management and Government Higher Secondary students
54	Effectiveness of a planned teaching programme on knowledge regarding childhood obesity among mothers of obese children
55	Effectiveness of a planned teaching programme among teachers on knowledge regarding identification and management of behavioural problems in primary school children
56	Effectiveness of a planned teaching programme on knowledge regarding growth and development among mothers of toddlers
57	Effectiveness of a planned teaching programme on knowledge regarding assessment of under five children among Anganwadi teachers
58	Effectiveness of a planned teaching programme on knowledge regarding weaning among mothers of children between 0-6 months of age
59	Effectiveness of video assisted teaching to mothers on prevention of respiratory tract infection of their children
60	Effect of play therapy on anxiety level among hospitalized children undergoing therapeutic procedures
61	Effectiveness of video assisted teaching on knowledge of care givers in caring differently abled children

## II. Obstetrics And Gynaecological Nursing

SL NO	TOPIC
1	Effectiveness of self-instructional module on knowledge regarding Menopausal osteoporosis among perimenopausal women in a selected community in Perinthalmanna
2	Effectiveness of structured teaching program on performance of Partograph by the staff nurses in labour room in selected Hospitals at Malappuram District
3	Effect of structured teaching on knowledge regarding prevention of cervical cancer among adolescent girls in selected colleges at Malappuram
4	Effect of audio-drama on the knowledge of menstrual hygiene among visually challenged girls
5	Effect of video-assisted teaching programme on knowledge and psychosocial adjustment regarding pubertal changes and menarche among early adolescent girls
6	Effect of Music therapy on pain perception and anxiety level of primigravida mothers in first stage of labour
7	Effect of proper body posture maintenance on back pain among antenatal mothers
8	Effect of structured teaching programme on self care management of gestational diabetes mellitus in improving knowledge, practice, maternal outcome and newborn well being among women with gestational diabetes
9	Effect of yoga on menopausal symptoms among women who attained menopause
10	Psychosocial well being, coping strategies and quality of life of women with infertility
11	Compare the effectiveness of sitz bath and infrared therapy on episiotomy wound among post natal mothers
12	Effectiveness of muscle therapy on anxiety and pain among mothers during first age of labour
13	Effectiveness of selected nursing interventions on physiological adaptation of postnatal women
14	Effect of multi instructional package on knowledge regarding Breast Self Examination among college students
15	Effect of video assisted structured teaching programme on knowledge regarding breast crawl among staff nurses
16	Assess the relationship between Body Mass Index and Menstrual irregularities among adolescent girls
17	Effect of self instructional module on knowledge regarding use of expressed breast milk among staff nurses
18	Effect of Aroma therapy on pain perception and behavioral response among parturient women
19	A study to assess the effectiveness of pranayama in relieving postmenopausal symptoms among women in selected areas at Kannur
20	A study to assess the effectiveness of video assisted teaching on knowledge regarding the management of lower back Ache during pregnancy among antenatal mothers in a selected Hospital at Kannur
21	A study to assess the effectiveness of Benson' relaxation therapy on

	reduction of stress among primigravid mothers attending the outpatient department in a selected Hospital at Kannur
22	A comparative study to assess the effectiveness of rose oil massage and back massage on labour pain during the first stage of labour among parturient mothers in a selected Hospital at Kannur
23	A study to assess the effectiveness of structured teaching programme on knowledge regarding breast feeding technique among primigravid mothers in a selected hospital at Kannur
24	Evaluate the effect of structured teaching programme on knowledge , attitude and practice regarding reproductive health among adolescent girls
25	Effect of soya protein on menopausal problems among women in selected wards of Pinarayi Panchayat
26	Effect of nipple stimulation on induction of labour among full term mothers
27	Evaluate the effect of structured teaching programme regarding polycystic ovarian syndrome on knowledge of adolescent girls
28	Effect of music therapy on stress and BP among antenatal women with PIH
29	Effect of pre operative structured teaching programme on selected outcomes among women undergoing hysterectomy
30	A study to assess the quality of life of women after hysterectomy in selected areas of Alappuzha district.
31	Effect of breathing exercise on level of stress of antenatal mothers.
32	Effect of birth preparation class on outcome of labour among primigravidae admitted in Medical College Hospital, Alappuzha.
33	Effect of walking during the latent phase of first stage of labour on duration of labour and labour outcome
34	Effect of educational interventional package on knowledge and practice of mothers regarding care of premature babies admitted in SAT Hospital, Thiruvananthapuram
35	Perinatal outcome in hypertensive and normotensive pregnant mothers - A comparative study
36	Male's perception on No-Scalpel Vasectomy - A cross sectional study
37	Effect of Music therapy on pain and anxiety among primi gravid women during first stage of labour
38	Effect of non Pharmacological measures on pre menstrual syndrome among adolescent girls
39	Effect of anticipatory guidance of pain, anxiety and post operative outcome among women undergoing Hysterectomy for benign Gynaecological lesions Effect of anticipatory guidance of pain, anxiety and post operative outcome among women undergoing Hysterectomy for benign Gynaecological lesions
40	Effect of psycho prophylaxis on pain and anxiety among low risk parturient women during first stage of labor
41	Effect of post birth mother newborn skin - skin contact on Breast feeding outcome and Neonatal Behavioural responses among primigravid women admitted for labour
42	Effect of sitting position vs lying position during the first stage of labour on maternal, Fetal and Neonatal outcome out come among Primigravid Women in labour
43	Effect of foot and hand massage on the pain, comfort and physiological

	parameters among women undergone abdominal Hysterectomy
44	Evaluate the effect of structured instructional module regarding abortion on knowledge among women with spontaneous abortion admitted in selected Hospitals of Calicut
45	Effect of sitting pelvic tilt exercises on back pain among antenatal mothers
46	Effect of acupressure on intensity of Nausea and vomiting among Antenatal women with hyperemesis Gravidarum
47	Effect of self instructional module regarding polycystic Ovarian disease on the knowledge among adolescent girls
48	Effect of reflex zone stimulation on initiation and maintenance of lactation among postnatal mothers
49	Outcome of an Information Booklet on Awareness Regarding Warning Signs of Pregnancy among Primigravid Women
50	Effect of Coughing on duration of Third stage of labour
51	Impact of Mother Craft Classes on Child Birth Satisfaction among Primigravid Mothers
52	Explore the Labour Experience of women postnatally
53	Effect of Acupressure on Discomforts of Dysmenorrhea among Higher Secondary Students
54	A study to assess the knowledge on Menopausal changes,problems experienced and its impact on daily activities at home and in work among working women in selected institutions at Ernakulam District,Kerala
55	A study to assess the effectiveness of prenatal education regarding breathing techniques on pain perception and anxiety level among primigravida women during first stage of labour in a selected Hospital at Kothamangalam
56	Effectiveness of olive oil back massage on labour pain during the first stage of labour among primi gravida women
57	Effectiveness of yoga therapy on postmenopausal symptoms among post menopausal women
58	Effectiveness of infrared therapy and icepack application on Episiotomy pain and wound healing among primi postnatal mothers
59	Effectiveness of progressive muscle relaxation technique on Dysmenorrhoea among young adults (18 - 22 years)
60	Effectiveness of instructional module on sexually transmitted Disease among adolescent girls
61	Knowledge and Attitude of men and women towards No Scalpel Vasectomy
62	Risk factors of post partum depression among primiparous Mothers
63	Effect of planned teaching program about milk expression
64	Effectiveness of progressive muscle relaxation technique on pain among patients undergone caesarean section
65	Effectiveness of hot application compared to back massage in relieving labour pain
66	Effectiveness of planned teaching programme for kudumbasree workers on breast self examination
67	Comparison of outcome of labour among teenage and adult pregnant women
68	A study of find out the effectiveness of Hoffman's exercise compared to oil

	massage on successful breast feeding among antenatal primigravid women with flat and retracted nipples
69	Effectiveness of selected nursing interventions on early recovery of women after cesarean section
70	Assessment of the quality of nursing care received by postnatal mothers
71	Effectiveness of saline dressing on episiotomy wound healing among postnatal mothers
72	Effect of Music therapy on anxiety among primimothers with Pregnancy Induced Hypertension
73	Effectiveness of a structured teaching programme on knowledge regarding HIV / AIDS among girls
74	Effect of acupressure on labour pain among primi mothers
75	Effect of specific Nursing intervention on level of anxiety in women who are posted for hysterectomy
76	Effect of structured teaching program on knowledge and opinion regarding temporary family planning methods among primigravida mothers
77	Effect of specific Nursing interventions in prevention of nipple soreness among primipara mothers admitted in Sanker Institute of Medical Science, Kollam
78	Effect of self instructional module on managing minor disorders of pregnancy among primigravida mothers
79	Effect of selected Nursing interventions on knowledge and practice of newborn care among primipara mothers
80	Effectiveness of information, education and communication (IEC) package on knowledge regarding the management of minor ailments of pregnancy among antenatal mothers
81	Effectiveness of selected nursing interventions on stress among women undergoing hysterectomy
82	Effect of information, education, communication (IEC) package on knowledge of nurses regarding management of selected Obstetrical emergencies
83	Effectiveness of instructional module on knowledge and reported practice among postnatal mothers having low birth weight babies on homecare management

### III. Medical Surgical Nursing

SL NO	TOPIC
1	Effectiveness of structured teaching program on knowledge and attitude on prevention of diabetic foot ulcer among clients with diabetes mellitus
2	Assessment of knowledge and attitude on self administration of insulin among clients with diabetes mellitus
3	Assessment of knowledge and attitude on organ donation among health professional and non health professional students
4	Assessment of knowledge and attitude regarding Tobacco use among adolescent boys
5	Effect of structured teaching programme for staff nurses on knowledge regarding identification and

	management of life threatening cardiac Dysrhythmias
6	Assessment of the knowledge regarding legal aspects in Nursing among staff nurses
7	Effect of structured teaching programme on knowledge regarding home care management and compliance with therapy among patients with chronic renal failure undergoing Haemodialysis
8	Effect of structured teaching programme on knowledge and practice of infection control among patients with cancer undergoing Chemotherapy
9	Effect of individualized structured video assisted teaching programme on knowledge and practice of foot care among clients with Type2 diabetes mellitus
10	Effect of self instructional module on knowledge regarding rehabilitation among caregivers of patients with stroke
11	Effect of structured teaching programme on knowledge and practice of body mechanics among staff nurses working in critical care areas
12	Effectiveness of multicomponent intervention on blood sugar level among Type2 diabetes mellitus clients
13	Effectiveness of reflexology on pain and anxiety among cancer patients on palliative care
14	Effectiveness of leg ergometric exercise on fatigue among chronic Kidney disease patients undergoing hemo dialysis
15	Effectiveness of progressive muscle relaxation on post operative pain and anxiety among patients undergone abdominal surgery
16	Effectiveness of proprioceptive neuromuscular facilitation on muscle strength and activities of daily living of clients with cerebrovascular accident
17	Assess the knowledge and practice of public regarding the use of antimicrobial agents
18	Evaluate the effect of cryo therapy on pain related to AV Fistula puncture
19	Effect of Structured teaching programme on knowledge and practice of ergonomic exercises among computer users
20	Assessment of knowledge regarding fluid and electrolyte management of patients among staff nurses with a view to develop a nursing protocol
21	Assessment of knowledge of patients receiving chemotherapy for cancer regarding the home care with a view to develop a health guide
22	Effectiveness of video assisted teaching on knowledge regarding Methicillin-Resistant Staphylococcus aureus infection and its prevention among staff nurses in a selected hospitals at Kannur
23	A study to assess the effectiveness of a self instructional module on knowledge of home based self care among patients undergoing Hemo9dialysis in selected Hospitals at Kannur
24	A study to assess the effectiveness of structured teaching on knowledge regarding prevention of Decubitus Ulcers among care givers of patient with Neurological impairment in selected Hospitals at Kannur
25	Evaluate the effectiveness of self instructional module (SIM) on knowledge regarding Triage system among staff nurses in selected Hospitals at Kannur
26	Effectiveness of self instructional module on knowledge and practice regarding prevention of health problems among traffic police at Kannur
27	Effect of multi interventional package on quality of life



	of patients with filariasis
28	Effect of Acetic Acid soak on healing process of foot ulcer among diabetic clients
29	Effect of beugerallens exercise on peripheral circulation in diabetic patient
30	Cardiac invalidism and its relation with specific contribution factors among clients with CAD
31	Effect of Anulom Vilom Pranayama on the Stress level of patients with Myocardial Infarction.
32	Effect of Cardiac counseling on quality of life of patients with chronic heart failure attending cardiology department of Medical College Hospital, Alappuzha.
33	Effect of foot reflexology on post operative pain among patients undergone abdominal surgery.
34	A comparative study on effectiveness of hypertonic saline compress vis glycerine magsulf application in management of superficial thrombophlebitis among patients admitted in Medical College Hospital, Alappuzha.
35	A study to compare the effect of use of super - oxidized solution vis povidone iodine on wound healing in patients admitted with diabetic foot ulcer in Medical College Hospital, Alappuzha.
36	Risk factors of Esophageal cancer - A case control study
37	Risk factors of colorectal cancer - A case control study
38	Factors contributing to diabetic foot Ulcer among patients with diabetes Mellitus
39	Social problems and self esteem among male and female patients with seizure disorders - A comparative study
40	Quality of life patients with stroke and its associated factors
41	Biopsychosocial problems and health seeking behaviour of patients with hemorrhoids - A cross sectional study
42	Effectiveness of coonseling on psychosocial problems of patients who underwent colostomy and ileostomy in Medical College Hospital, Trivandrum
43	Outcome of patients with Traumatic Brain Injury
44	Effect of a structured teaching programme on knowledge and practice of inotropic drug administration among staff nurses
45	Effect of acupressure therapy on depression and subjective well being among patients on maintenance hemodialysis
46	Effect of intervention package on oral complications among patients receiving radiation therapy for head and neck malignancies
47	Effect of topical heparin versus normal saline compress on superficial thrombophlebitis among patients receiving intravenous therapy
48	Effect of foot reflexotherapy on post operative pain and physiological parameters among patients undergoing urological surgery
49	Effect of modified Jacobson's progressive muscle relaxation technique on anxiety, depression and physiologic parameters among patients with chronic renal failure
50	Effect of topical anesthetic cream and cutaneous stimulation on AV fistula puncture related pain among patients undergoing hemodialysis

51	Effect of a Planned Nursing Intervention on Selected Clinical Parameters, Adequacy of Dialysis and Quality of Life of Patients undergoing Hemodialysis in Medical College Chest Hospital, Thrissur
52	Effect of sitting breathing exercise on blood glucose level among patients with Type 2 diabetes mellitus
53	Effect of Cryotherapy on pain and facial Ecchymosis among patients undergone cranial surgery
54	Effect of structured educational programme regarding prevention of ventilator associated Pneumonia on knowledge and practice of staff nurses
55	Effect of computer based teaching programme among staff nurses regarding evidence based nursing practice
56	Effect of Betadine dressing and surgical spirit dressing on prevention of pin site infection among patients with skeletal traction
57	Effect of specific inspiratory muscle training with pursed lip breathing and pursed lip breathing alone on level of Dyspnea among patients with COPD
58	Effect of Therapeutic back message on the quality of sleep among patients who have undergone Coronary Artery Bypass Graft(CABG)
59	Effect of sodium bicarbonate oral irrigation on oral mucositis among head and neck cancer patients receiving radiation therapy.
60	Quality of Life among Stroke Survivors
61	Effect of a structured teaching programme on knowledge regarding pulmonary rehabilitation among patients with Chronic Pulmonary Disease (COPD)
62	Effect of an information booklet on selected body mechanics on knowledge and practice among Staff Nurses
63	Effectiveness of structured teaching programme among care givers on managing patients with epilepsy attending KIMS Hospital, Thiruvananthapuram
64	Effectiveness of structured teaching programme on management of diabetes mellitus among diabetic patients at KIMS Hospital, Thiruvananthapuram
65	Effectiveness of structured teaching programme on quality of life of hypertensive patients in KIMS Hospital, Thiruvananthapuram
66	Effectiveness of structured teaching programme on management of side effects of chemotherapy among cancer patients attending KIMS Hospital, Thiruvananthapuram
67	Effectiveness of pre operative teaching on post operative compliance among patients undergoing major abdominal surgeries at KIMS Hospital, Thiruvananthapuram
68	Effectiveness of an instructional module on anxiety levels of patients undergoing magnetic resonance imaging at KIMS Hospital, Thiruvananthapuram
69	Effectiveness of structured teaching programme on domiciliary care among patients with rheumatoid arthritis in KIMS Hospital, Thiruvananthapuram
70	Effectiveness of a planned teaching programme on respiratory care of mechanically ventilated patients among staff nurses in intensive care units of KIMS Hospital, Thiruvananthapuram
71	Effectiveness of structured teaching programme regarding stroke rehabilitation among the caregivers of stroke patients at

	KIMS Hospital, Thiruvananthapuram
72	Effectiveness of structured teaching programme on cardiac rehabilitation among patients with acute coronary syndrome at KIMS Hospital, Thiruvananthapuram
73	A study to assess the information expected and received by the waiting attenders of ICU patients in a selected Hospital at Ernakulam District, Kerala
74	A study to assess the knowledge and skill in performing BLS among nurses working in Mar Baselios Medical Mission Hospital, Kothamangalam
75	A study to assess the knowledge and practice of staff nurses on infection control in relation to the management of patients with intravenous therapy in a selected Hospital at Ernakulam District, Kerala
76	A study on factors influencing compliance to therapy among Hypertensive patients in a selected community at Ernakulam District, Kerala
77	A study to assess the knowledge, attitude, and practice of Diabetic patients regarding control of Blood Sugar in a selected Hospitals at Ernakulam District, Kerala
78	Effect of planned teaching programme on prevention of occupational Lung disorders among workers of selected small scale industries in Ernakulam District
79	Effect of Music Therapy on anxiety among patients undergoing coronary angiography at Medical Trust Hospital, Kochi – 16
80	Effect of planned teaching programme on prevention of peripheral vascular disease among patients with diabetes mellitus in Medical Trust Hospital, Kochi - 16.
81	Effect of back massage on anxiety of patients posted for Cardiac Catheterization in Medical Trust Hospital, Kochi – 16
82	Effect of planned teaching programme on prevention of coronary artery disease among sedentary workers in selected offices of Ernakulam District.
83	Effectiveness of cognitive exercises on cognitive functions of high risk cases of Dementia among old age people
84	Effectiveness of therapeutic back massage on the quality of sleep among Orthopedic surgical patients
85	Effectiveness of Music therapy on anxiety among Hemodialysis patients
86	Effectiveness of footbath therapy on fatigue among cancer patients, who are receiving Chemotherapy
87	Effectiveness of yogic practices on Glycemic control among Type-2 diabetic patients
88	Effectiveness of therapeutic foot massage on pain level among cancer patients
89	Effectiveness of Jacobson's progressive muscle relaxation therapy on anxiety among cancer patients
90	Effectiveness of meditation on the level of anxiety among patients with Heart diseases
91	Effect of warm water soak over foot on post operative pain
92	Effect of proximal massage on prevention of thrombophlebitis among patients with peripheral intravenous cannula
93	Video information on anxiety and intra procedural co-operation among the patients undergoing upper gastrointestinal endoscopy

94	Psychosocial distress of caregivers of cancer patients admitted for chemotherapy
95	Factors contributing to sensory overload among patients admitted in Intensive Care Unit
96	Effect of structured teaching programme to reduce stress among patients undergoing major surgeries
97	The effect of back massage on psycho physiologic variable among patients awaiting cardiac catheterization
98	Quality of -life patients undergoing heamodialysis
99	Effect of massage on foot and hands in reducing post operative pain among patients undergoing abdominal surgery.
100	Effectiveness of self-instructional module on knowledge regarding thrombolytic therapy among staff nurses of Neuro wards
101	Effectiveness of a structured teaching programme on knowledge and practice regarding neurologic assessment among staff nurses
102	Effectiveness of a structured teaching program on knowledge regarding the first aid management of neurologic trauma among traffic police
103	Effectiveness of a structured teaching programme on knowledge regarding stroke rehabilitation among care givers of clients with stroke
104	Effectiveness of information booklet on knowledge and reported practice regarding home care management in the prevention of complications among patients undergoing hemodialysis
105	Effectiveness of selected Nursing interventions in prevention of bed sore among bedridden patients
106	Effectiveness of selected Nursing interventions to promote breathing pattern in COPD patients
107	Effectiveness of video assisted teaching on knowledge and reported practice among staff Nurses on caring patients with blood borne bio hazard diseases in Sanker Institute of Medical Science, Kollam
108	Effectiveness of selected nursing interventions on the knowledge and reported practice of home care management of Type2 Diabetes Mellitus patients
109	Effectiveness of Kaleidoscope on pain and behavioural response among children during intravenous cannulisation
110	Effectiveness of structured teaching programme on knowledge regarding the physical health problems among information Technology professionals
111	Effectiveness of selected techniques and interventions in reducing pain during intramuscular injection
112	Effectiveness of structured teaching programme on knowledge and attitude regarding first aid management of road traffic accidents
113	Effectiveness of intermittent saline flushing in maintaining the patency of intravenous cannula among patients
114	Effectiveness of Video assisted teaching programme on knowledge of patients regarding dietary and fluid management among patients on Haenodialysis
115	Effectiveness of cinical practice guidelines on knowledge and reported practice of nurses in catheter care in patients with indwelling catheter
116	Effect of Swallowing Therapies in patients with Dysphagia

117	Effectiveness of video assisted teaching (VAT) programme among staff nurses on pin site care
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#### IV. Community Health Nursing

SL NO	TOPIC
1	A study to compare the prevalence of malnutrition among under five children using selected methods of growth assessment in a rural community
2	A study to compare selected health seeking behaviour of families in rural and urban areas of Kerala
3	A study to evaluate the effectiveness of video assisted game and drill on knowledge and practice on road safety measures among primary school children in selected schools Kollam
4	Effectiveness of physical exercise on computer related health problems among computer personal
5	Effectiveness of drill on knowledge, attitude and practice regarding disaster preparedness among costal inhabitants Kollam
6	A study to assess the effectiveness of structured teaching programme on knowledge regarding Dental health among primary school children in a selected primary school at Kannur
7	A study to assess the effectiveness of self instructional module on knowledge regarding prevention of complication of diabetes mellitus among diabetic patients in selected area, Kannur
8	Prevalence of Nutritional Problems among under five children in selected anganwadies in costal areas of Alappuzha District.
9	A study to assess the compliance to anti-hypertensive therapy and the factors associated with non-compliance among hypertensive patients of ward 18 and 19 of Mararikkulam South panchavath, Alappuzha.
10	Prevalence of respiratory problems among workers in selected coir factories in Alappuzha District
11	A study to assess the knowledge and practice regarding first aid management in road traffic accidents among autorikshaw drivers of Punnapra Panchayath, Alappuzha with a view to develop an instructional module.
12	A study to assess the prevalence of respiratory tract infection among under five children and assess the knowledge and practice of motherof under five children regarding preventive measures of respiratory tract infection.
13	A study to assess the effectiveness of structured teaching programme on knowledge and attitude regarding reproductive health among women of reproductive age group in selected area of Pozhiyoor
14	A study to assess the effectiveness of SIP on knowledge, attitude and practice of self care management of diabetes mellitus among the individuals in selected wards of Pozhiyoor
15	A study to assess the effectiveness of instructional module on learning disabilities in lower primary school children, among the teachers of Government and private Malayalam Medium Primary Schools at Trivandrum District
16	An intervention study to assess the effectiveness of video assisted teaching

	programme on worm infestation among mothers of under five children in selected wards of Pozhiyoor
17	Utilization of primary health care services in the PHCS of coastal areas of Trivandrum District
18	Lack of exclusive breast feeding and its associated factors among mothers of infants in Thiruvananthapuram Corporation
19	Prevalence of menopausal symptoms among women of Trivandrum Corporation area
20	Infection control practices among staff nurses working in tertiary level health care institutions in Trivandrum District
21	Prevalence of substance use among boys of higher secondary school in Thiruvananthapuram Corporation
22	Prevalence of Needle Stick Injury among health care personnel Medical College Hospital, Thiruvananthapuram
23	Client satisfaction on patient care services provided through primary health centres in Trivandrum District
24	Prevalence of protein energy malnutrition among school children in Trivandrum Corporation - A cross sectional study
25	Effect of instructional package on knowledge and practice regarding foot care of patients with Type 2 diabetes mellitus
26	Knowledge and practice of sanitation workers regarding occupation related diseases and its prevention
27	Effect of video assisted teaching on the knowledge of Primary School Teachers regarding the First Aid for common Medical emergencies among school children
28	Comparison of the effect of special school health programme and existing school health programme on knowledge and practice related to health and subjective well being among High School Students
29	Identification of the nutritional problems among adolescent girls in selected schools of Thrissur district
30	Awareness and Utilization of ICDS services among Mothers of Under Six Children in a selected Rural Community of Thrissur district
31	Knowledge, attitude and practice regarding use and hazards of plastics among women
32	Effect of structured teaching programme regarding infection control on knowledge, attitude and practice among health care workers
33	Effect of structured teaching programme regarding prevention of varicose vein on knowledge among school teachers
34	Knowledge, attitude and practice regarding prevention of water borne diseases among women
35	Effect of nursing intervention strategy on Menopausal problems among menopausal women
36	Effect of structured teaching programme regarding immunization on knowledge, attitude and practice among tribal mothers of under five children
37	Effect of a Structured Teaching Programme on Knowledge and Practice of Household Waste management Among Women
38	Effect of A Planned Teaching Programme on knowledge regarding the importance of Vitamin A among mothers of under five children

39	Effect of Lady's Finger Juice on Blood Sugar among Client with Diabetes Mellitus
40	Effect of Structured Teaching Programme on Knowledge regarding Oral hygiene among students of lower Primary School
41	Factors contributing to Obesity among Perimenopausal Women
42	Knowledge on hazards of substance abuse
43	Effect of yoga on psychosocial wellbeing of institutionalized elderly
44	Causes of non compliance to antihypertensive regimen among hypertensive patients
45	Identification of occupational health problems among the computer professionals with a view to prepare an instructional module
46	Assessment of knowledge regarding growth monitoring of under five among Anganwadi teacher with a view to develop an instructional module
47	Identification of the causative factors of dental problems among school children studying in seventh standard with a view to prepare a learning package
48	Identification of the determinant differences in the factors contributing to stress among senior citizens.
49	Identification of the major health problems among the spinning mill workers compared to general population with a view to prepare an instructional module
50	Effectiveness of teaching module on knowledge and reported practice of oral hygiene and pan chewing among High School Students
51	Effectiveness of teaching module on knowledge and reported practice of Anganwadi workers regarding prevention of Protein Energy Malnutrition
52	Effectiveness of video assisted teaching programme on knowledge and reported practice of eye health among high school students
53	Physical and psychological problems among elderly population
54	A study to assess the actual activities performed by ASHA (Accredited Social Health Activist) as perceived by family members in the population given to ASHA workers
55	Effectiveness of structured teaching programme on knowledge and attitude regarding prevention of occupational health hazards among quarry workers
56	Effectiveness of progressive muscle relaxation therapy on stress among employed mothers having under five children
57	Effectiveness of structured teaching programme on knowledge and attitude regarding prevention of reproductive tract infections among women
58	Effectiveness of structured teaching programme on knowledge and attitude of employed women regarding exclusive breast feeding
59	Effectiveness of training package on knowledge of safety measures for prevention of occupational health hazards among the workers of clay tile industries
60	Effectiveness of child to mother approach on knowledge of selected nutrients through structured instructions among school children and their mothers
61	Assessment of knowledge on modifiable risks factors of cardiovascular disease and its prevalence among adult men

## V. Mental Health Nursing

SL NO	TOPIC
1	Compare the effectiveness of humor therapy and laughter exercise on stress among old age people
2	Effectiveness of guided imagery technique on well being among inmates in selected old homes
3	A study to assess the quality of life among wives of patients with alcohol dependence syndrome attending selected deaddiction centres in and around Kannur District
4	A study to assess the effectiveness of structured teaching programme on knowledge and attitude towards alcohol abuse among adolescent boys in a selected schools at Kannur
5	A study to assess the effectiveness of music therapy on depressive symptoms among elderly in a selected Geriatric homes at Kannur
6	A study to assess the effectiveness of brief intervention (FRAMES) in change in levels of clients with alcohol dependence syndrome or harmful use of alcohol in selected Hospitals at Thiruvananthapuram District
7	Effectiveness of reminiscence therapy on cognitive function and subjective well being of senior citizens
8	Effect of cognitive behavior therapy on depression among patients with human immune deficiency virus
9	Effectiveness of progressive muscle relaxation exercise on anxiety and depression among senior citizens
10	Effectiveness of structured teaching programme on knowledge and attitude of junior public health nurses regarding Mental Disorders
11	Effect of Motivation Enhancement Programme on Relapse prevention in patients admitted with Alcohol Dependence Syndrome in Medical College Chest Hospital, Thrissur
12	Effect of Laughter Therapy on depression among elderly in selected Geriatric homes
13	Effect of Horticulture therapy on negative symptoms among patients with Schizophrenia
14	Effect of structured teaching programme regarding drug compliance and its side effects among caregivers of mentally ill clients
15	Effect of specified nursing interventions on socialization among patients with Schizophrenia
16	Effect of planned educational programme regarding child abuse on the knowledge of school age children
17	Identify the health problems and related risk factors among male Homosexuals
18	Effect of art therapy on aggressive behaviour among patients with Mania
19	Effectiveness of Psycho education on impact of disability among parents of mentally challenged children in Asha Bhavan, Changanacerry
20	Effectiveness of assertiveness training on self esteem among adolescent girls in St. Theresa's Girls Higher Secondary School, Pathanamthitta
21	Impact of laughter therapy on occupational stress among staff nurses working in KIMS Hospital, Thiruvananthapuram
22	Effectiveness of guided imagery on anxiety among antenatal women in



	KIMS Hospital, Thiruvananthapuram
23	Effectiveness of bibliotherapy on social anxiety among adolescents in a selected high school in Kottayam District
24	Effectiveness of planned teaching programme on knowledge regarding care of the patient on Antipsychotic drugs among primary care givers attending the outpatient department of a selected Hospital
25	A study to assess the knowledge of Teachers with regard to substance abuse and recognition of substance abuse by Adolescent School Children in selected Higher Secondary schools at Kothamangalam
26	A study to assess the knowledge and attitude towards Electroconvulsive Therapy among Caregivers of mentally ill patients in selected Hospital of Kerala
27	Psychosocial distress of caregivers of schizophrenic patients
28	Psychiatric comorbidities in patients with alcohol dependence syndrome
29	Effect of pranayama on the level of stress among caregivers of mentally ill
30	Risk factors for developing Type 11 Diabetes Mellitus Among Schizophrenia patients
31	Effect of calisthenics on self esteem among old age people
32	Effectiveness of pranayama in reducing stress among nursing students
33	Effectiveness of instructional module on the knowledge of primary school teachers regarding ADHD
34	Effectiveness of Music therapy in reducing anxiety among destitute
35	Effectiveness of guided imagery in reducing depression among elderly
36	Effectiveness of laughter therapy in reduction of depression among elderly

## VI. Paediatric Nursing

SL NO	TOPIC
1	Knowledge on care at home during upper respiratory tract infection among mothers of under five children
2	Knowledge and attitude regarding play needs of toddlers among mothers
3	Effect of skit on communication skill of children with mild mental retardation
4	Efect of breast feeding on pain tolerance of infants during immunization in slected hospitals
5	Effect of tepid sponging versus warm sponging among children with high body temperature

## VII. Psychiatric Nursing

SL NO	TOPIC
1	Effect of Self Instructinal Module on the level of Knowledge regarding the management of children with learning disabilities among primary school teachers
2	Effect of Reminiscence Therapy on Quality of Life among elderly
3	Psychosocial Problems among Spouses of persons with Alzheimer's disease
4	Impact of gardening therapy on level of stress among geriatric population
5	Effect of video assisted teaching module regarding ill effects of alcoholism on knowledge among coir factory workers

