

KERALA UNIVERSITY OF HEALTH SCIENCES



BACHELOR OF SCIENCE IN NURSING

LOG BOOK **(2016 scheme)**

Name of student:

Period of Study:

I YEAR B.Sc NURSING
NURSING FOUNDATIONS

Sl. No.	Procedures	Date of performance		Signature of the Clinical Supervisor
		Preclinical laboratory	Clinical Area	
1	HOSPITAL ADMISSION & DISCHARGE			
	1. Admission			
	2. Transfer in			
	3. Discharge			
	4. Transfer out			
2	PATIENT UNIT			
	1. Bed making			
	a) Open bed			
	b) Closed bed			
	c) Occupied bed			
	d) Operation bed			
	e) Amputation bed			
	f) Cardiac bed			
	g) Fracture bed			
	2. Comfort devices			
	a) Back rest			
	b) Bed cradle			
	c) Air cushion			
	d) Foot board			
	e) Trochanter rolls			
	f) Sand bags			
	g) Cardiac table			
3	HEALTH ASSESSMENT			
	1. Health history			
	2. Physical examination			
4	VITAL SIGNS			
	1. Body temperature			
	2. Pulse & Respiration			
	3. Blood pressure			
5	DOCUMENTATION & REPORTING			
	1. IP Register			
	2. Nurses Record			
	3. I/O chart			
6	MEETING NEEDS OF PATIENT			
	1. Hygiene			
	a) Oral hygiene			

	b) Bed bath			
	c) Care of pressure points			
	d) Hair wash			
	2. Nutrition			
	a) Oral feeding			
	b) Nasogastric tube insertion			
	c) Nasogastric feeding			
	3. Urinary Elimination			
	a) Providing urinal / bedpan			
	b) Catheterization			
	c) Care of urinary drainage			
	4. Bowel Elimination			
	a) Enema			
	b) Bowel wash			
	c) Insertion of suppository			
7	BODY ALIGNMENT AND MOBILITY			
	1. Positions in bed			
	a) Dorsal recumbent position			
	b) Side lying position			
	c) Sims' position			
	d) Prone position			
	e) Lithotomy position			
	f) Trendlenburg position			
	g) Knee-chest position			
	h) Fowler's position			
	2. Transferring patient			
	a) From bed to trolley			
	b) From bed to wheel chair			
	c) From trolley to bed			
	d) From wheel chair to bed			
	3. Use of Restraints			
	4. ROM exercises			
8	COLLECTION OF SPECIMEN			
	Urine			
	Stool			
	Sputum			
	Blood			
	Urine Analysis			
	a) Albumin			
	b) Sugar			
	c) Acetone			
	d) Bile			
9	ADMINISTRATION OF THERAPEUTIC AGENTS			

	1. Administration of Medicine			
	a) 1. Oral medication			
	2. Sublingual			
	b) Parenteral			
	1. Intradermal injection			
	2. Subcutaneous injection			
	3. Intramuscular injection			
	4. Intravenous injection			
	5. Intravenous infusion			
	c) Topical application			
	d. Inhalation			
	1. Oxygen administration			
	Nasal			
	Mask			
	2) Steam inhalation			
	3) Nebulization			
	4) Chest physiotherapy			
10	Heat and Cold application			
	a) Hot water bag			
	b) Infrared therapy			
	c) Fomentation			
	d) Sitz bath			
	e) Ice cap			
	f) Tepid sponge			
	g) Cold compress			
11	INFECTION CONTROL			
	1. Hand washing			
	a) Simple hand washing			
	b) Surgical hand washing			
	2. Gloving			
	3. Gowning			
	4. Wearing mask and cap			
12	CARE OF TERMINALLY ILL PATIENT			
	Care of body after death			
13	FIRST AID			
	1. Bleeding			
	a) Nose			
	b) Minor wounds			
	2. Electrocution			
	3. Burns and scalds			
	4. Foreign bodies			
	a) Nose			
	b) Eye			
	c) Ear			
	5. Snake bite			

	6. Dog bite			
	7. Drowning			
	8. Cardio pulmonary Cerebral Resuscitation			
	9. Application of splints			
	10. Shifting of patient with dislocation			
	11. Bandages			
	a) Roller			
	b) Spiral turn			
	c) Reverse Spiral			
	d) Figure of eight			
	e) Triangular bandage			
	f) Eye bandage			
	h) Jaw Bandage			
	12. Application of slings			

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
	NURSING CARE PLANS		
	1.		
	2.		
	3.		
	4.		
	5.		
	NURSING CARE PLAN PRESENTATIONS		
	1.		
	2.		
	HEALTH TALK		

Signature of Subject Teacher

First Year B.Sc Nursing Degree Examination

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

II YEAR B.SC NURSING

MEDICAL SURGICAL NURSING - 1

Sl. No.	Procedures	Date of Performance		Signature of the Clinical Supervisor
		Preclinical laboratory	Clinical Area	
I	ASSISTING WITH THERAPEUTIC AND DIAGNOSTIC PROCEDURES			
	1. Abdominal paracentesis			
	2. Thoracentesis			
	3. Lumbar puncture			
	4. Bone marrow aspiration			
	5. Preparation for I V P			
	6. Preparation for scopy a. Bronchoscopy b. Colonoscopy c. OGD			
	7. CT Scan			
	8. MRI			
	9. EEG			
	10. USG			
	11. PFT			
	12. Barium Swallow			
	13. Barium enema			
II	NURSING PROCEDURES			
	1. Surgical dressing			
	2. Nebulization			
	3. Pre-operative preparation			
	4. Post-operative care- Immediate & Ongoing			
	5. Post-operative exercises			
	6. Nasogastric aspiration			
	7. Gastric lavage			
	8. Colostomy care			
	9. Removal of sutures			
	10. Tracheostomy care			
	11. Assisting with a) Plaster cast application b) Traction c) Biopsy			
	12. Throat Suctioning			
	13. Care of chest drainage			
	14. Chest physiotherapy			

	15.ECG Recording			
	16.Gastrostomy Feeding			
	17.TPN			
	18. Bladder Irrigation			
	19. Burns Care			
	20. Blood and component therapy			
III	EYE			
	a)Snellen's chart			
	b)Perimetry			
	c) Instillation of eye drops			
	d) Eye irrigation			
	e) Application of eye ointment			
IV	ENT Nursing			
	a) Instilling ear drops			
	b) Instilling nasal drops			
	c) Assisting with ENT examination			
	d)Ear irrigation			
	e)Collecting throat swab			
	f) Apply ear bandage			
V	OPERATING ROOM & ASSOCIATED PROCEDURES			
	1. Preparation of operation theatre			
	2. Setting up trolley			
	3. Scrubbing, gowning & gloving			
	4. Sterilization & care of			
	a. Rubber goods			
	b. Dressing			
	c. Gloves			
	d. Instruments- sharp, blunt			
	e. Linen			
	f. Needles			
	g. Sutures			
VI	ASSESSMENT			
	1.Respiratory Assessment			
	2. Cardiac Assessment			

VI. ASSISTING WITH OPERATIVE PROCEDURES

a) As circulating nurse

List of Major cases

Sl.No.	Date	Name of Surgery	Signature of the Clinical Supervisor
1			

2			
3			
4			
5			
6			
7			
8			
9			
10			

List of Minor cases

Sl.No.	Date	Name of Surgery	Signature of the Clinical Supervisor
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

b) As scrubbed nurse

List of Major cases

Sl.No.	Date	Name of Surgery	Signature of the Clinical Supervisor
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

List of Minor cases

Sl.No.	Date	Name of Surgery	Signature of the Clinical Supervisor
1			
2			
3			
4			
5			

MEDICAL NURSING

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	NURSING CARE PLANS		
	1		
	2		
	3		
	4		
2	NURSING CARE STUDY		
3	CLINICAL PRESENTATION		
4	DRUG PRESENTATION		
5	HEALTH TALK		
6	DRUG FILE		

SURGICAL NURSING

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	NURSING CARE PLANS		
	1		
	2		
	3		
	4		
2	NURSING CARE STUDY		
3	CLINICAL PRESENTATION		
4	OBSERVATION REPORT		
5	HEALTH TALK		
6	DRUG FILE		

Signature of Subject Teacher

Medical Nursing

Signature of Subject Teacher

Surgical Nursing

SECOND YEAR B.SC NURSING EXAMINATION

MEDICAL NURSING -I

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

SURGICAL NURSING-1

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date

II YEAR B.SC NURSING

COMMUNITY HEALTH NURSING-I

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	Epidemiological Survey		
2	Health Talk		
3	Preparation of AVAids		
4	Reports on various clinics		
	a.)Immunization Clinic		
	b) Ante natal Clinic/ Family Planning Unit		
	c)NCD Clinic		
	d)RNTPC Clinic		
5.	Reports on Posting in Health Centres		
	a)Sub Centre		
	b) Primary Health Centre		
	c) Community Health Centre		
	d)Urban Health Centre		
6.	Observation visits		
	a).Water Purification Plant		
	b) Sewage Treatment Plant		
	c) Milk Pasteurization Plant		
	d) Meat Processing Unit		
	e). Anganwadi		
	f) Chlorination of domestic well		

Signature of Subject Teacher

III YEAR B.SC NURSING

MEDICAL SURGICAL NURSING – II

Sl. No.	Procedures	Date of Performance		Signature of the Clinical Supervisor
		Preclinical laboratory	Clinical Area	
I	CRITICAL CARE NURSING			
	a. Care of patient in ventilator			
	b. Endotracheal suction			
	c. CVP monitoring			
	d. Assisting with defibrillation			
	e. Syringe Pump			
	f. Infusion pump			
	g. CPR			
	h. Assisting arterial puncture			
II	NEPHROLOGY NURSING			
	a. Preparation for dialysis			
	b. Care during dialysis			
	c. Post dialysis care			
III	CARDIOTHORACIC NURSING			
	a. Cardiac Assessment			
	b. ECG recording			
	c. Echocardiography			
	d. TMT			
	e. Assisting with endotracheal intubation			
	f. Tracheostomy suction			
	g. ABG Analysis			
IV	NEUROSURGICAL NURSING			
	a. Assessing Neurological Status			
	b. Assisting with EEG			
	c. Assisting with EMG			
	d. Assisting with Nerve conduction Velocity			
V	ONCOLOGY NURSING			
	a. Assisting with chemotherapy			
	b. Breast self examination			
	c. Assisting with Radiation Therapy			
VI	PLASTIC SURGERY			
	a. Care of patient with skin graft			

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
	NURSING CARE PLANS		
	1		
	2		
	3		
	4		
	NURSING CARE STUDY		
	CASE PRESENTATION		
	DRUG BOOK		
	OBSERVATION REPORT		

Signature of Subject Teacher

**THIRD YEAR B.SC NURSING EXAMINATION
MEDICAL SURGICAL NURSING – II**

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

CHILD HEALTH NURSING

Sl. No.	Procedures	Date of Performance		Signature of the Clinical Supervisor
		Preclinical laboratory	Clinical Area	
1	Paediatric history taking			
2.	Physical examination of children			
3	Anthropometric measurements			
4	Nutritional status assessment			
5	ASSESSMENT OF GROWTH AND DEVELOPMENT			
	a) New Born			
	b) Infant			
	c) Toddler			
	d) Preschooler			
	e) School age			
6	FEEDING			
	a) Infant			
	b) Sick Child (cup & spoon, Paladai feeding)			
	c) Nasogastric tube feeding			
7	ASSISTING WITH BREAST FEEDING			
8	Complementary feeding/weaning			
9	MEETING THE PLAY NEEDS OF CHILDREN			
10	VITAL SIGNS			
	a) Temperature			
	1. Axillary			
	2. Rectal			
	b) Heart rate			
	c) Pulse			
	d) Respiration			
	e) Blood pressure			
11	DRUG CALCULATION AND ADMINISTRATION			
	a) Oral administration			
	b) Parenteral administration			
	1. Intradermal			
	2. Subcutaneous			
	3. Intramuscular			
	4. Intravenous			
	c) Rectal administration			

	d) Oxygen administration			
	e) Nebulization			
12	IMMUNIZATION OF CHILDREN			
13	ADMINISTRATION OF IV INFUSION			
	a) Infusion pump			
	b) TPN			
14	CHEST PHYSIOTHERAPY			
15	SUCTION			
	a) Endotracheal tube			
	b) Throat			
16	CARE OF CHILD IN VENTILATOR			
17	CPR			
18	COLLECTION OF SPECIMEN			
	a) Blood			
	b) Urine			
	c) Stool			
19	PREOPERATIVE CARE			
20	POST OPERATIVE CARE			
	a) Wound dressing			
	b) Suture removal			
	c) Colostomy Care			
21	APPLICATION OF RESTRAINTS			
	a) Mummy restraints			
	b) Jacket Restraints			
	c) Arm and leg restraints			
	d) Elbow restraints			
22	ORAL REHYDRATION THERAPY			
23	URINARY CATHETERIZATION			
24	CARE OF CHILD ON PHOTOTHERAPY			
25	ASSISTING WITH EXCHANGE TRANSFUSION			

Sl.No.	Assignments	Date	Signature of the Clinical Supervisor
1	Care plan		
	1)		
	2)		
	3)		
2	Care Analysis		
3	Health Talk		
4	Case presentation		
	a) Medical		
	b) Surgical		
5	Drug File		
6	Project work		

Signature of Subject Teacher

THIRD YEAR B.SC NURSING EXAMINATION

CHILD HEALTH NURSING

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

MENTAL HEALTH NURSING

Sl. No.	Procedures	Date of Performance		Signature of the Clinical Supervisor
		Preclinical laboratory	Clinical Area	
1	History Taking			
2	Mental Status Examination			
3	Process Recording			
4	Admission & Discharge Counselling			
5	Assisting with Therapies			
	a) Drug Therapy			
	b) Behavioural/ Cognitive Behavioural Therapy			
	c) Family Therapy			
	d) Occupational Therapy			
	e) Recreational Therapy			
	f) Activity Therapy			
	g) Group therapy			
6	Assisting with ECT			
7	Psychometric Assessment			
8	Client & Family Counselling			

Sl.No.	Assignments	Date	Signature of the Clinical Supervisor
1	Care Plans		
	1		
	2		
	3		
	4		
	5		
2	Care Study		
3	Clinical Presentation		
4	Psychoeducation		
5	Mental Health Project		
6	Observation Visits		
	1. Old age home		
	2. Home for mentally retarded		
	3. De addiction Centre		
	4. Home for Destitute		
	5. Rehabilitation Centre		
7	Observation Report-OPD		
8	Drug File		
9	Concept mapping		

Signature of Subject Teacher

THIRD YEAR B.SC NURSING EXAMINATION

MENTAL HEALTH NURSING

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

NURSING RESEARCH AND STATISTICS

Sl. No.	Assignments	Date	Signature of the Supervisor
1	Group research project Topic:-		
2.	Presentation of research report		
3.	Annotated Bibliography		

Signature of subject teacher

IV YEAR B.SC NURSING

OBSTETRIC AND GYNECOLOGICAL NURSING

Sl. No.	Procedures	Date of Performance		Signature of the Clinical Supervisor
		Preclinical laboratory	Clinical Area	
	OBSTETRIC NURSING			
1	ANTENATAL			
	A. ASSESSMENT			
	a) History taking			
	b) Head to foot examination			
	c) Abdominal examination			
	d) Urine examination			
	Albumin			
	Sugar			
	Acetone			
	B. Maintenance of antenatal records			
	C. Antenatal care and advice			
2	INTRANATAL			
	A. Normal labour			
	1. Psychological preparation			
	2 Physical preparation			
	a. Vaginal examination			
	b. Enema			
	B. Other aspects of care			
	1 Monitoring			
	a. Maternal			
	b. Fetal			
	2. Nutrition			
	3. Bladder care			
	4. Relaxation			
	5. Partogram			
	C. Preparation of labour room			
	D. Conduct of labour			
	E. Episiotomy & Suturing			
	F. Immediate care of newborn			
	a Apgar scoring			
	G. Third stage management			
	a. Delivery of placenta			
	b Examination of placenta			
	c. Management of third stage bleeding			
	G Fourth stage management			
	H Newborn resuscitation			

3.	POSTNATAL			
	A Mother			
	a. Postnatal assessment			
	b. Care of breast			
	c. Care of vulva and perineum			
	d. Postnatal diet			
	e. Postnatal exercise			
	g. FP counseling			
	B. New born			
	a. Assessment			
	b. Feeding			
	c. Care of eyes			
	d. Care of cord			
	e. Care of skin			
	f. Kangaroo Mother Care(KMC)			
	C. Nursing high risk babies			
	a. Admission of neonates			
	b. Assessment of high risk neonates			
	c. Thermal management			
	d. Care of baby in Incubator			
	e. Monitoring the neonate			
	f. Administer medications			
	g. I V Therapy			
	h. Assisting with diagnostic procedure			
	i. Assisting with exchange transfusion			
	j. Care of baby on ventilator			
	k. Phototherapy			
	l. Neonatal Resuscitation			
	m. Infection control in nursery			
	n. Teaching and counseling of parent			
	o. Maintenance of records			
	D. IUCD insertion			
4	ABNORMAL LABOUR			
	A. Assisting with			
	a. Caesarean section			
	b. Vacuum Forceps			
	c. Abnormal Presentations			
	GYNECOLOGICAL NURSING			

	A .Assisting gynecological examination			
	Breast Self Examination			
	Gynecologic procedures			
	a. Assisting with D & C			
	b. Assisting with MTP			
	c. Assisting with gynecological operations			
	d. Collection of Pap Smear			

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	NURSING CARE PLANS		
2	CARE STUDY		
3	CASE PRESENTATION		
4	HEALTH TALK		
5	DRUG FILE		
6	HEALTH TALK		

Signature of Subject Teacher

FOURTH YEAR B.SC NURSING EXAMINATION

OBSTETRIC AND GYNECOLOGICAL NURSING

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

IV YEAR B.SC NURSING
COMMUNITY HEALTH NURSING

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	Community survey		
2	Community project		
3	Home Care		
	Bag technique		
4	Health Assessment		
	a)Infant		
	b)Toddler		
	c)Pre Schooler		
	d)Schooler		
	e)Adult		
	f) Elderly		
	g)Antenatal		
	h)Postnatal		
5	Family care plan		
	1.		
	2.		
	3.		
	4.		
6	Family case study		
7	Health talk		
	1.		
	2.		
8	Health Exhibition		
9	Observation visits		
	a) Institute for Rural Health		
	b) District TB centre		
	c) Visit to a factory		
	d) Panchayat Raj Institution		
	e) Old Age Home		
	f) Home for Physically Challenged		
	g) Home for Mentally Challenged		
	g) AIDS control Unit		
10	School Health programme		
11	Attend Conference in PH C		
12	Records and reports		

Signature of Subject Teacher

FOURTH YEAR B.SC NURSING EXAMINATION

COMMUNITY HEALTH NURSING

Internal Examiner

Signature:

Name :

Date :

External Examiner

Signature:

Name :

Date :

IV YEAR B.SC NURSING

NURSING EDUCATION

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	Practice teaching sessions		
	a.		
	b.		
	c.		
2.	Seminar		
3.	Symposium		
4.	Panel Discussion		
5.	Role Play		
6	Preparation and display of Audio Visual aids		
7	Preparation of master rotation plan		
8	Preparation of clinical rotation plan		
9	Preparation of course plan		
10	Preparation of unit plan		
11	Preparation of lesson plan		
12	Test Construction		

Signature of Subject Teacher

IV YEAR B.Sc NURSING

MANAGEMENT OF NURSING SERVICE & EDUCATION

Sl. No.	Assignments	Date	Signature of the Clinical Supervisor
1	Clinical teaching		
	a. Demonstration		
	b. Bedside Clinic		
	c. Nursing Rounds		
	d. Nursing care conference		
2	Clinical Rotation Plan		
3	Duty Roaster		
4	Daily Assignment Plan		
5	Day & Night Report		
6	Incidental Report		
7	Indent List		
8	Inventory List		
9	Clinical Performance Evaluation of Students		
10	Organization Chart		
11	Job description of Nursing personnel		
12	Inservice Education		
13	Observation Visit		

Signature of Subject Teacher